

Newsletter

Edition 18—24th October 2024

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PRINCIPAL REPORT

PUPIL FREE DAYS

Term 4 MONDAY 4th November Common Practice Day (Monday before Melbourne Cup Day)

Term 4 FRIDAY 20th December

Curriculum Day (last day for students on Thursday 19th December) Please mark these into your diaries as students do not attend on these days

ENROLMENTS FOR 2025

Enrolments for 2025 are fairly stable and we will begin next year with approximately 426 students. If you will not be returning to Tyabb next year, please let us know as this may have an impact on the grade structures we have planned. We have planned an 18 grade structure for 2025 but this may change if enrolments in certain year levels change.

BOOKLISTS

You will have already received information about book packs 2025. We have set up an arrangement with Paper Chase (Office National), who can organise a complete pack for you based on the items requested by classroom teachers. As the company creates completed packs and buys in bulk, prices are competitive. Please follow the instructions on the note provided to go online to purchase directly from the supplier due by Wednesday 27th November.

CURRICULUM CONTRIBUTIONS

Schools provide students with instruction to fulfil the standard Victorian curriculum but we rely on the ongoing support of our families to ensure that our school can offer the best for our students. Whilst we are provided with the funds to employ staff and manage the costs associated with school operations, we rely upon the support of parents to pay for equipment, resources and ground projects.

Please consider helping us by making a curriculum contribution for 2025.

CAMPS 2025

As families begin to budget and plan for the New Year we thought it would be important to give parents advance notice of the dates and approximate costs for camps in 2025, Camp costs have increased significantly over the past couple of years due to increases to the cost of buses, food and camp staff. Please note that these are approximate costs as this can vary according to the number of students and buses needed.

Camp Name	<u>Dates</u>	Approx Cost
Grade 3 Golden Valley	Mon 13th—15th Oct	<u>\$400</u>
Grade 4 Phillip Island	Wed 19th—Fri 21st March	<u>\$440</u>
Grade 5 Rumbug	Wed 30th April—Fri 2nd May	<u>\$490</u>
Grade 6 Woorabinda	Mon 3rd—7th Feb	<u>\$300</u>

PARENT HELPER MORNING TEA

Friday 6th December—save the date!

Invitations will be sent out soon to invite all parents who have helped during the year to a special thank you morning tea. Without the fabulous support of our parents our school would not function as effectively. Our parents help in a variety of ways including School Council, PFA, classroom helpers, excursions, camps, electives, HPV just to name a few! If you have helped in any way throughout the year we would like you to join us for morning tea in the grade 5 and 6 area (BER Building) on Friday 6th December from 11.00am. Your help is very much appreciated, and an integral part of the smooth running of our fabulous school. Hoping you can join us for a cuppa and a bite to eat.



Welfare

Healthy eating and children's appetites

Children's appetites can change from day to day. These changes are usually nothing to worry about.

Sometimes your child might want to eat a lot. That's fine. Just make sure that you offer your child healthy food.

Other times your child might not want to eat as much. That's OK too. If your child doesn't want to eat, they'll probably make up for it at the next meal or even the next day. It's best not to force things or offer other foods as rewards, because this teaches children not to listen to their appetites.

Your role is to offer your child healthy food and opportunities to eat it. It's **up to your child to decide how much to eat** – or whether to eat at all. If your child is growing and developing well, they're probably getting enough to eat.

The most powerful way to send healthy food messages to children is by being a good role model – that is, by letting children see you make healthy eating choices every day. Children tend to do what they see you doing.

'Tummy talk' and healthy eating behaviour

When you help your child learn about how their tummy 'talks' to their brain, your child will start to understand their appetite and hunger better.

For example, you can explain to your child that their brain realises their tummy is full only about 20 minutes after the food gets into their tummy.

Also, you can tell your child that their hunger is partly determined by how much:

- physical activity they've done
- food they've eaten over the last couple of days.

Offering meals and snacks at regular times encourages a better appetite at mealtimes. Regular meals and snacks can be part of a healthy eating routine.

Eating too much

When children eat too much, they eat more food than their body needs for growth and development. If you're concerned that your child tends to eat too much, here are things to try:

- Offer a slightly smaller portion of food. If your child finishes it, you can offer a small second helping. This gives your child's brain and tummy a chance to catch up, which might help your child recognise that they feel full with smaller portions of food.
- If your child doesn't eat part of the meal for example, the vegetables this is your child's choice.
 It isn't a good idea to offer extra serves of other food for example, meat to make up for missing vegetables.
- Serve your child's food on a smaller plate. This way your child gets the right-sized portion but still gets a 'full plate' of food.

Avoid distractions like TV or toys during mealtimes. This will help your child focus on their appetite and notice when they're full.

Not eating enough

When children don't eat enough, their bodies don't get enough nutrients for growth and development.

If you feel your child doesn't eat enough at mealtimes or doesn't have an appetite, you could try the following strategies:

- Offer food around the same times each day. If children eat at regular mealtimes, they're more likely to be hungry at that time of day.
- Encourage your child to eat more at mealtimes by making sure you serve small amounts at snack times.
 One small snack between regular mealtimes is usually plenty as an energy top-up, unless your child has been very active. If your child has too many snacks or the snacks are too big, your child can feel too full before a main meal.

Avoid offering your child an alternative if they don't eat a meal. Your child might just have a small appetite at that time.



Welfare

Healthy eating and food messages for children

Healthy eating habits start at home.

Giving your child healthy, nutritious foods is important for their growth and development. It also helps to surround your child with **messages about healthy eating habits** and food. This can help your child make healthy food choices, now and in the future.

Here are ideas for healthy eating and food messages:

- Try to have a bowl full of fresh fruit within easy view and reach on the kitchen table or bench. You can offer fruit as a snack or as a top-up if your child is still hungry after meals.
- Stock your pantry and fridge with plenty of healthy, nutritious options, and leave the 'sometimes' food on the supermarket shelves.
- Try to choose fruit and vegetables of different colours, textures and tastes. The more variety there is, the more likely it is your child will find something that they're interested in eating.
- Get your child involved in planning and preparing the meals. If your child has helped to make the meal, they're more likely to eat it.
- Enjoy healthy meals together as a family as often as possible. Look for opportunities to eat together that work for your family's routine. For example, eating together at breakfast and on weekends might work well for your family.
- Turn off the TV while eating. This way your child is paying attention to eating, to the fresh healthy food choices you offer, and to their 'tummy talk'.

Read books that have healthy food messages for your child – for example, books with pictures of fruits and vegetables. Get your child to point out different types, colours, shapes and so on.

Keep healthy snacks handy at home — and try to avoid buying unhealthy ones. Children will take the healthy option if it's the only one they have. For example, you could have a bowl of fresh fruit on the bench and a container of vegetable sticks in the fridge.

Fruit and vegetables: set a good example and make it fun



Lead by example. If you want your child to eat fruit and vegetables, make sure they see you enjoying fruit and vegetables every day too.



Make meals fun. Pretend that mashed potato is 'glue' for other vegetables. Or let kids dip spoons of potato mash into piles of cooked peas, corn, diced carrot and other vegetables.



Turn a simple sandwich or pita bread pizza into a fun Mr Vegie face by arranging toppings to make eyes, nose, mouth and ears.



Make a fruit rainbow using cut up fruits of different colours, like strawberries, melons, kiwifruit, pineapples, oranges and blueberries. Encourage children to try each fruit on the rainbow.

Reference: raisingchildren.net.au



COLOUR EXPLOSION RON & FUN

Incentive Prizes

Fundraising for our Colour Explosion School Run 4 Fun is entirely online. At the end of the fundraiser either order prizes to receive or donate to a cause – Carbon Neutral (tree planting), Great Barrier Reef Foundation (coral planting or turtle protection), The Smith Family (reading support) or OzHarvest (providing meals).

You only need to raise a minimum of \$10 to receive an incentive prize and \$20 to donate to a cause!

Monty the Monstar Prizes!

Monty the MonSTAR is giving away lots of extra prizes to help you reach for the fundraising STARS! Will you collect them all? Check out your sponsorship booklet to see what Monty has up for grabs.

\$10,000 Budget Booster Bonanza Shopping Spree!

What would your family buy with a \$10,000?! The highest fundraising student in our school will go into the draw to win: \$2,500 Coles Card, \$2,500 Woolworths Fuel Card, \$2,500 Harvey Norman Card and a \$2,500 Visa Card.

Win a PlayStation 5 Gaming Bundle!

Do you have a need for speed? The highest fundraising student in Australia will take home an awesome PlayStation 5 gaming bundle, complete with a NEW PlayStation 5 Console, VR2 Headset and Sense Controllers!

You have to be in it to win it! If you haven't already, make sure you start fundraising online at www.australianfundraising.com.au. Happy fundraising!







CECEEN EXEERCINOU

Join us for a day of fun and laughter! We are looking for volunteers to help with our incredible

Colour Explosion School Run 4 Fun on Thursday the 14th of November.

If you would like to help with our fundraiser, please express your interest by emailing the office.

tyabb.ps@education.vic.gov.au

We appreciate you helping us make our Colour Explosion School Run 4 Fun the best day at school!





What's Happening Term 4

Please note that this page will be updated each newsletter as new events are scheduled

Term 4	
Friday 25th October	World Teacher's Day
Monday 28th October	School Assembly
Wednesday 30th October	Instrumental Concert 6.30—7.30pm
Thursday 31st October	HPV Casey Fields Excursion
Monday 4th November	Common Practice Day—No Students at School
Tuesday 5th November	Melbourne Cup Day
Friday 8th November	Prep 2025 Transition Session 1
Monday 11th November	Remembrance Day
Wednesday 13th November	Prep 2025 Transition Session 2
Thursday 14th November	HPV Tyabb Bike Ride
Thursday 14th November	Colour Run
Friday 15th November	Conservation Elective Zoo Excursion
Monday 18th November	School Assembly
Tuesday 19th– 22nd November	HPV Maryborough
Friday 22nd November	Junior Sports Day Grades Prep—2
Monday 25th November	School Council Meeting
Thursday 28th November	District Triathlon—Selected Students
Thursday 28th November	Prep 2025 Transition Session 3
Monday 2nd December	School Assembly
Friday 6th December	Parent Helper Morning Tea
Monday 9th December	Final Assembly
Tuesday 10th December	State Orientation Day
Tuesday 10th December	Prep 2025 Transition Session 4
Thursday 12th December	Grade 6 Graduation
Mon 16th & Tues 17th November	Grade 5 & 6 Water Safety
Wednesday 18th December	Reports Published on Sentral
Wednesday 18th December	Final Assembly—Grade 6 Focus
Thursday 19th December	Grade 6 End of Year Excursion
Thursday 19th December	Last Day of Term 4—Dismissal time 3.30pm
Friday 20th December	Curriculum Day—No Students at School



We have Remembrance Day poppies and merchandise for purchase at the office. Prices range from \$2 - \$5.

There are pens, bag-tags, badges & wrist bands.
These items will be available until 10th November.

Christmas is coming!



Tyabb P.S. has been invited to participate in a Christmas tree decoration competition. Our contribution will be on display in the shopping centre near Target in Somerville soon. The tree with the most votes will win a fabulous Officeworks voucher that can be used to purchase art materials for the students use. Please make an effort to check out the trees and vote for your favourite (hopefully Tyabb's!)

There is a sneaky elf hiding amongst our students faces so you will have to look closely to find him. Many thanks to the grade 5 and 6 elective students who worked hard with their contributions to make our tree look amazing.

TYABB PRIMARY SCHOOL'S

CHRISTMAS TOY & FOOD DRIVE 2024

Christmas is just around the corner, and the Junior School Council need your help to run a Food Hamper and Toy Drive.

We would like to donate all items to the local charity MSFIN (Mum's Supporting Families in Need), who provide food hampers and gifts to families in need, ensuring they can enjoy the festive season.

Even the smallest act of kindness can make a big difference.

Items for donation could be non-perishable items such as canned beans, pasta, canned tomatoes, canned tuna, pasta sauce, sweet biscuits, simmer sauces, rice, savouriy biscuits, tea bags, tinned fruit, coffee, christmas food items, canned vegies, soup packets, cereal and new toys.



We will be accepting donations from 1st November to 30th November



Drop-off location: The front office



Grade 3 Camp Capers

Monday October 14th - Wednesday October 16th

Last week the Year 3 classes went to the Golden Valleys

Adventure Camp in Flinders, for their first school camp. The students stayed for two nights and got to experience a lot of new and exciting experiences, such as; the Giant Swing,

Vertical Challenge, Flying Fox, Hut Building, Low Ropes, Archery,

Bush Walking, Billy Tea and Damper and a Talent Show.





KOOPI KIPS PAY OUT

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On Friday 18th October, some of our Koori students had the unique opportunity to join other Indigenous students across the Peninsula for a special celebration of culture and connection at the Willum Warrain Aboriginal Association in Hastings for the Koori Kids Day Out.

The day began with a Welcome to Country, followed by a bonding exercise where students used coloured balls of wool to show the connection between all mobs.

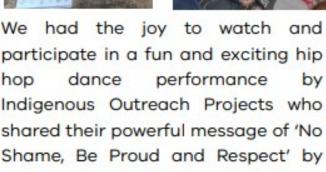












At the end of the event, each student got a special t-shirt, gift bag and native plant to take home.

encouraging a strong mind, body,



spirit and culture.





It was a great day and a lovely way to celebrate their culture, connection to each other and to country.



Curriculum Corner



What's Happening in English?

Grade One—We are writing alternate endings to well known stories.







Grade Three—We have been writing about our camp experiences!

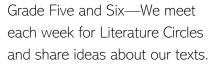


Grade Two—We have been learning about summarising.





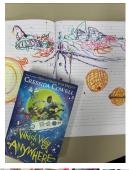








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STAR WRITERS!









Specialists Snippets

Physical Education

Regional Athletics

On Monday 21st of October Tyabb Primary School had 5 students attend the Regional Athletics Carnival held at Casey Fields Athletics Track. The sun was shining and made for a beautiful day for competing. Tyabb had Asiani compete in the 1500m event to start the day finishing in 8th position. Next up we had Sam compete in the high jump putting in an amazing effort. Sam had to get himself ready quickly after his high jump as the boys 4x100m relay was about to start. Jackson started the race off for us in a great fashion. He passed the baton on to Sam who brought it up the straight and passed it to Jhai nice and cleanly. Jhai ran around the top bend of the track and passed the baton to our final runner in Jy. At this point the boys were in the mix changing over the baton with 4 other teams which was really good. The boys ran an amazing race and finished 5th overall. The end of the day saw Asiani compete again in the 800m race after waiting all day after her first event. She ran an outstanding race and kept pace with the top 5 finishing 5th out of 16 other students. Congratulations to these 5 students on a special performance and to all the parents and family members who came out to support them on the day and in the build up for their events.

Division Softball

On Thursday 17th of October Tyabb Primary School had a select number of Grade 5/6 boys compete at the Division Softball held at Mornington Baseball Field. The boys played 3 games. Our first against Boneo, next one against Bentons and final game against Derinya. Everyone on the team gave their best efforts with Tyabb coming away with 1 draw and 2 losses. They pitched, fielded and batted well and demonstrated great teamwork and encouraged each other. Thank you to Jody for coming to score and help manage the team and for Flinders Christian College for transporting us on the bus.

Division Cricket

On Tuesday the 22nd of October Tyabb Primary School had a team of 7 Grade 5/6 Girls attend the Division Cricket at Mt Martha. These girls were the winning team on the District Day held in term 1. The girls started their day against Sorrento Primary School where they gave it a good effort. After the game against Sorrento they had a little practise at some different fielding techniques and game plans and implemented them really well in game 2 against Bentons and were able to secure the win. Our final game was against Mt Eliza Primary who were the best side on the day winning all 3 of their games. Well done on a great effort girls and thank you to the parents and families who transported their child to cricket and stayed to support.





PA	Harlow
PB	Eliza
14	Chelsea
1B	Jonty
1C	Willow
24	Skylah
2B	Ąva
2C	Ruby
3,4	Gr 3 Camp
3B	Gr 3 Camp
3C	Gr 3 Camp
4A	Judd, Otis
4B	Lacey
5A	Lacey
5B	Callan
5C	Halo
64	Bryce
6B	Koah



October

PREP

Wyatt

Evie

Harrison

Ollie

GRADE ONE

Toby

Jacob

Isabel

Parker

Mason

Cooper

GRADE TWO

Olivia

Levi

Aysha

GRADE THREE

Jemma

Дva

Riley

Jenny

Scout

Sayla

GRADE FOUR

Lacey

Indy

Ariana

Ed

Jack

Tyson

Audrey

JУ

GRADE FIVE

Lakyn

Deegan

Emily

Kiahna

Callan

GRADE SIX

Luella

Zane

Darcy

Ryder



November

PREP

Alice

Eliza

Evie

Jack

Eboni GRADE ONE

Harlyn

Harry

Ashleigh

Georgie

Archie Esther

Lyla

GRADE TWO

Logan

Sage

Isla-Daisy

Isabelle

Penny

James

GRADE THREE

Connor

Stevie

Indi

Arjuna

GRADE FOUR

Rogue

Zachary

Thomas

Jazmine

Leni

GRADE FIVE

Mila

Jai

Bodhi

Ryder Duke

Finn

Jasmine

Isla

GRADE SIX

Ruby

Leo

Liam

Oliver

Addison



FIRE DANGER RATING

School preparations for bushfire season

Each year, to prepare for bushfires and grassfires, schools and early childhood services complete a range of activities. The Department of Education runs an annual fire risk assessment of schools and early childhood services. They are allocated a category of risk (categories 0 to 4) and are published on the Bushfire At-Risk Register (BARR). All schools and early childhood services listed on the BARR and Category 4 list will also close when a Catastrophic fire danger rating day is forecast in their fire weather district. When the Bureau of

Meteorology provides public fire danger rating forecasts or fire weather warnings, they use fire weather district areas. In Victoria, there are 9 fire weather districts, which are based on Local Government Area boundaries. Our school is in **Central fire weather district**. As part of preparing our school for the fire season, we have updated and completed our Emergency Management Plan and prioritised maintenance works that may assist in preparing for the threat of fire and cleared our facility's grounds and gutters.

What does this mean for our school?

Our school has been identified as being at risk of bushfire or grassfire and is a Category 3 school. Our school will close on a day forecasted as Catastrophic fire danger rating in Central fire district. We are on the BARR (Bushfire at Risk Register).

What is the department's policy?

The department's <u>Bushfire and Grassfire Preparedness Policy</u> requires all schools and early childhood services on the BARR list to close when a Catastrophic fire danger rating day is forecast in their fire weather district. All school bus routes which travel in or through a district with Catastrophic fire danger must also be cancelled.

When will our school be closed due to Catastrophic fire danger?

Our school will **close** on a day forecasted as **Catastrophic fire danger rating** in central **fire district**. Closure of the school due to a forecast Catastrophic day will be confirmed on the day prior and we will provide you with advice before the end of the school day. Any information regarding potential or confirmed Catastrophic fire danger days will be communicated to you by SMS and via a Sentral Post.

Once confirmed, the decision to close will not change, even if the weather forecast changes. This is to avoid confusion and help your family plan alternative care arrangements for your child. It is also important to be aware that:

- No one will be on site on days where the school is closed due to a forecast Catastrophic day.
- Out-of-school-hours care will also be cancelled on these days.
- All bus routes that travel through the Catastrophic area will be cancelled.
- School camps will be cancelled if a Catastrophic fire danger rating day is forecast for fire weather district in which the camp is located, or if the travel involves passing through areas that have Catastrophic fire danger.

Families are encouraged to action their Bushfire Survival Plan on Catastrophic fire danger rating days. **On such days, children should never be left at home alone or in the care of older children.** For those of us living in a bushfire prone area, the Country Fire Authority (CFA) advises that when Catastrophic days are forecast, the safest option is to leave the night before or early on the morning of the Catastrophic day.

What can families and the school community do to help us prepare?

- Ensure we have your current contact details, including your mobile phone numbers.
- Keep in touch with us by reading our newsletters, checking our website, by talking to your child's teacher or any other member of staff about our emergency management plan.
- Make sure your family's bushfire survival plan is up-to-date and includes alternative care arrangements in the event that our school is closed due to a Catastrophic fire danger. Further information can be found on the CFA's website.
- Action your family's bushfire survival plan if your own triggers are met. Our school community may be spread out across many areas and some families may be at higher risk than others. Your family's safety is critical, so please let us know if you are actioning your bushfire survival plan and if your children will be absent on these days.
- If your child is old enough, talk to them about bushfires and your family's bushfire survival plan.

You can find more information on emergencies, warnings and preparedness actions here:

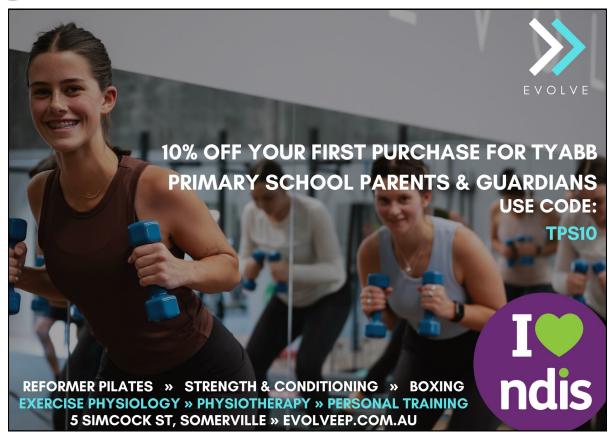
VicEmergency app - that can be downloaded on your android and iOS mobile devices

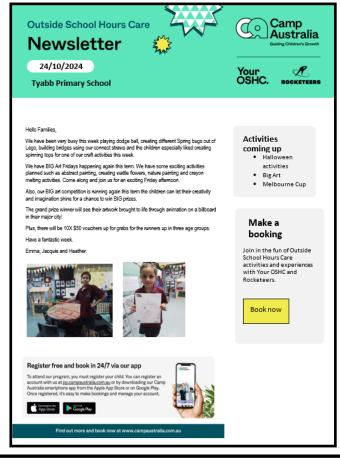
VicEmergency Hotline (1800 226 226) Website https://emergency.vic.gov.au

Facebook (https://www.facebook.com/vicemergency)

Twitter (https://twitter.com/vicemergency)

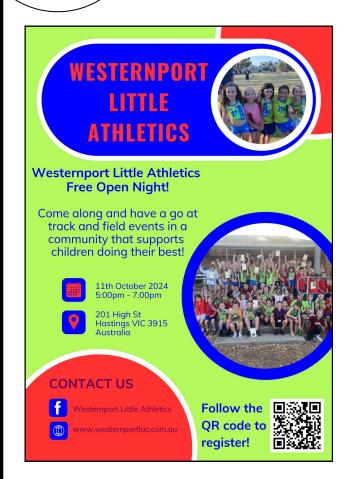
















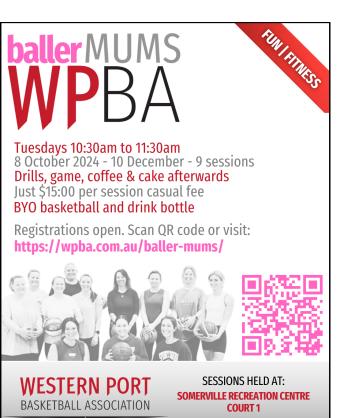


























Is your home expensive to heat and cool? Are you too cold in winter and too hot in summer? The Shire's Energy Support Grant can help you access funds to reduce the cost of energy upgrades and help you create a more comfortable home.

Families receiving the Family Tax Benefit and other eligible residents* can apply for up to \$1,000 for Reverse Cycle Air Conditioning, insulation and draught proofing.

Find out more





*Find out if you are eligible: mornpen.vic.gov.au/climateactiongrant 5950 1297



