

Newsletter

Edition 4—14th March 2024

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Easter 2024
Good Friday 29th March
Easter Sunday 31st March
Easter Monday 1st April
Last day of term 1—Thursday 28th March
Dismissal 2.30pm



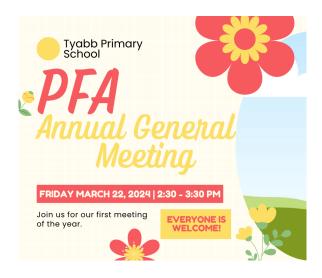
HAPPY EASTER!!!

EASTER RAFFLE / BONNET PARADE

Only two weeks left until our Easter Bonnet Parade on the last day of term, Thursday 28th March at 9.15am. We are encouraging students to wear an Easter hat and we invite all families to come along and watch the parade.

Thank you to all of the parents who have already donated Easter Eggs for our end of term raffle. Please place any donations in to the basket in the foyer of the office. We will draw our Easter Raffle on the last day.

PFA MEETING



The PFA is a volunteer group of parents who organise community events and fundraising activities to enhance and improve on the programs, resources and facilities of the school. Each year parents are invited to join our PFA to support our children, meet new parents and be a part of providing the best possible opportunities for our students.

I would like to invite you to our first PFA meeting/ afternoon tea for 2024. A chance to learn more about our school goals, the PFA and meet new parents.

If you are unable to attend but willing to support us in some way, please contact the office on 5977 4584

PREP ENROLMENTS 2025

If you have a friend or family member who would like to enrol their child for prep at Tyabb PS for 2025 please let them know to contact our office on 5977 4584 to book a tour at the start of term 2.

Small Group School Tours

Tuesday 16th April 9.30am

Wednesday 17th April 9.30am

Tuesday 23rd April 9.30am & 5.00pm

Wednesday 24th April 9.30am & 5.00pm

Monday 29th 9.30am

Tuesday 30th April 9.30am

Wednesday 1st May 9.30am

Wednesday 8th May 9.30am

Thursday 9th 9.30am

Monday 13th May 9.30am

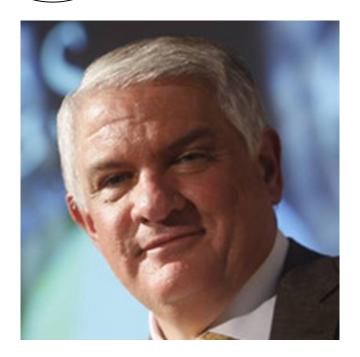
Tuesday 21st May 9.30am

Wednesday 22nd May 9.30am

Further days and dates available by appointment



Save the date



22ND APRIL 2024

An evening with

DR. Michael Carr-Gregg

A MUST FOR ALL PARENTS!

Dr. Michael Carr-Gregg will be discussing a range of topics, including developing resilience in our children.

The focus of the evening is:

BUILDING HAPPY AND RESILIENT CHILDREN, INCLUDING HINTS & TIPS FOR ONLINE SCREEN USE.

He will offer practical parenting advice.

Tyabb Primary School

6:30 – 8:30PM
TYABB School Hall
186 MorningtonTyabb Rd, Tyabb

SAVE THE DATE
MORE INFORMATION
TO FOLLOW
REGARDING TICKET
COSTS AND
PURCHASING

Dr Michael Carr-Gregg is one of Australia's highest profile psychologists, author of 14 books, broadcaster and a specialist in corporate mental health, families, parenting, children, adolescents and the use of technology for mental health.

WHAT IS RESILIENCE?

Resilience is the ability to 'bounce back' after challenges and tough times.

For children, challenges and tough times include experiences like starting at a new school or kindergarten, moving house, or welcoming a sibling into the family. They can also include serious experiences like being bullied, family breakdown, family illness or death.

Children build resilience over time through experience. You can help your child learn skills and develop resilience by having a warm, supportive relationship with them.

Resilience: why it's good for children

Children who are resilient can **recover from setbacks and get back to living their lives more quickly**. And when children overcome setbacks and problems, it builds their confidence and helps them feel more capable the next time a problem comes up.

Resilient children are often good at solving problems and learning new skills. This is because they're more willing to try again even if things don't go the way they want the first time.

And when things don't go well and children feel anxious, sad, disappointed, afraid or frustrated, resilience helps them **understand that these uncomfortable emotions usually don't last forever**. They can experience these emotions and know they'll be OK before too long.

Resilient children are less likely to avoid problems or deal with them in unhealthy ways, like getting defensive or aggressive or intentionally hurting themselves. Resilient children are also likely to have better physical and mental health than children who struggle to be resilient.

Relationships and resilience

Relationships are the foundation of your child's resilience.

Your child's most important relationships are with you and their other main caregivers. Strong relationships with you and other carers helps your child feel loved, safe and secure. This sense of safety and security gives your child the confidence to explore their world and to recover from any setbacks they experience.

Your child's relationships with grandparents, aunties and uncles, early childhood educators and teachers, and friends are also important. These family and community connections give your child a sense of belonging and the feeling that they're valued. These feelings help to build your child's confidence and resilience.

Children learn resilience through experience. Each time your child overcomes a problem, it builds their confidence in their ability to handle the next challenge.

Building resilience in children

Children learn resilience through experience. Each time your child overcomes a problem, it builds their confidence in their ability to handle the next challenge.

Here are some ways you can build your child's resilience:

- Support your child but try not to solve every minor problem or disappointment. For example, if your child doesn't get invited to a birthday party or didn't get what they want for their birthday, you could talk about how they feel instead of trying to fix the problem.
- Avoid predicting and preventing problems for your child. This might mean letting your child hand in homework that's wrong or not replacing a broken toy. Overcoming small challenges builds your child's resilience for bigger setbacks.
- Help your child to identify and manage strong emotions. For example, your child might be
 worried about a family member who's sick. You could say, 'I can see you're really worried
 about Grandpa. It's OK to be worried. But remember we're doing everything we can to help
 him get better'.
- Encourage your child to have another go when things don't work out the first time they try something. Praise your child for trying, no matter the result. You could say 'I'm proud of you for finishing the race' or 'Well done for giving it another go'.
- Build your child's self compassion. Self-compassion helps your child deal with disappointment, failures or mistakes by being kind to themselves. In turn, this helps them to move on from difficult experiences.
- Make it a habit to recognise and acknowledge when things are going well. For example, during family meals you could each share one positive thing from your day.
- Help your child to develop problem-solving skills in an age-appropriate way. For example, if a child at school says or does something unkind to your child, brainstorm how your child might respond next time.

Find a positive role model who has experienced similar challenges to your child. For example, your child might find support in an older friend whose parents have separated or who has lost a family member.

Children develop resilience over time, so try to be patient and supportive while your child works out how to respond to challenges. You might want to make everything all right for your child, but sometimes your child has to go through uncomfortable feelings so they can work things out for themselves.





Welfare

Values Awards

Each term we have a range of values that we focus on and teachers nominate students in their class who are displaying the value throughout the week. These students names are put into a container and a student from each grade is drawn out.

Congratulations to our first recipients of our Values awards for 2024.

The value focus is RESPECT.

Frankie	Chloe	Billie	Ava	Brooklyn	Hannah
PA	РВ	1A	1B	1C	2A
Annie	Alby	Spencer	Cammy	Ava	Rogue
2B	2C	3A	3B	3C	4A
Asher	Jaden	Jasmine	Rinoa	Braxton	Luella
4B	5A	5B	5C	6A	6B





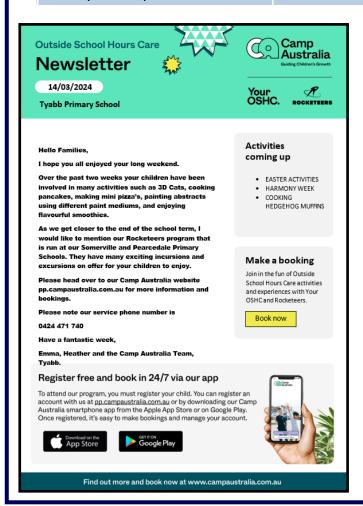
EASTER RAFFLE DONATIONS It's hard to believe Easter is just around the corner. The PFA Fundraising Committee is running an Easter Raffle and we are kindly asking families for donations of any type or size of Easter Eggs and baskets. The more Easter eggs we receive the more raffle prizes we can put together. Please leave any donations in the basket at the office by Friday 22nd of March The Raffle will be drawn on the last day of term, Thursday 28th of March. Raffle tickets will go home soon. Thank you for supporting this fundraiser.



What's Happening Term 1 & 2

Please note that this page will be updated each newsletter as new events are scheduled

Term 1			
Wednesday 13th—25th March	NAPLAN Grades 3 & 5		
Monday 18th March	Whole School Assembly		
Tuesday 19th March	Harmony Day - Wear a Splash of Orange - Gold Coin Donation		
Wednesday 20th—22th March	Grade 4 Camp Phillip Island		
Thursday 21st March	Summer Lightning Prem—Grade 5 & 6		
Monday 25th March	School Council Meeting		
Monday 25th March	Regional Swimming—Selected students only		
Wednesday 27th March	WHOLE SCHOOL PHOTOS		
Thursday 28th March	Sausage Sizzle , Easter Bonnet Parade & Raffle		
Thursday 28th March	Last Day Term 1—Dismissal Time 2.30pm		
Term 2			
Monday 15th April	Start of Term 2		
Monday 22nd—24th April	Scholastic Bookfair		
Monday 22nd April	School Assembly		





School Photos 2024 - Tyabb Primary School

Annual school photos including sibling photos will be taken by Arthur Reed Photos on Wednesday 27th March 2024.

There is no need to return any forms or money to school.

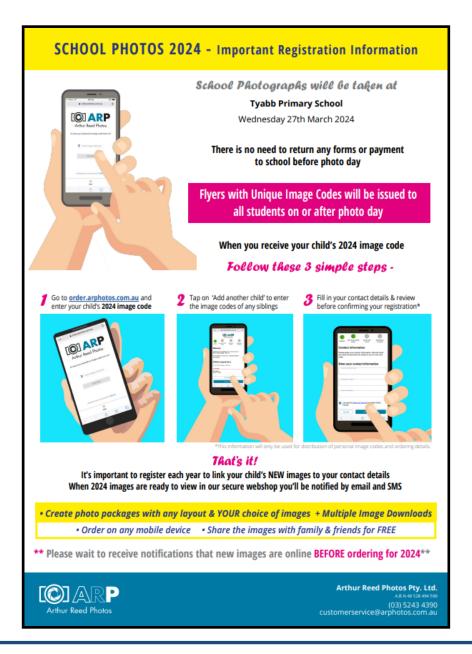
Unique image codes will be issued to all students on/after photo day so families can register online to view images when they become available in the webshop.

Registration is simple, just follow the 3 simple steps on your child's personalised flyer once you receive it and remember to add the codes for all your children attending this school.

Even if you registered last year, it's important that you do again this year using your child's 2024 image code to link their images for the current year with your contact details.

When images are ready to view and in the webshop, all parents who have registered will be notified by SMS and email.

Once registered, please wait for notification that 2024 images are online to view before making your purchase.





Classroom Capers

Grade 5—WRITING WORKSHOPS VICTORIAN CHALLENGE AND ENRICHMENT SERIES

Over the months of February and March a number of Grade 5 students had the opportunity to work with two authors, Sarah Speedie and Nova Weetman. They worked on further developing their writing during the one day workshops.

FROM THE OUR YOUNG INSPIRING AUTHORS

The best thing about being involved in the writers workshops were.....

- .. meet and work with a real author
- .. hearing and learning with students from other schools
- .. typing stories
- \dots to be able to write with a famous author and I learnt lots of new things
- .. writing a story beginning with a draft then improving it with the support of a real author
- .. I got to write an amazing story
- .. it was heaps of fun
- .. I got to write all day and improve my writing
- .. I could collaborate with friends

I learnt

.. new strategies to write stories



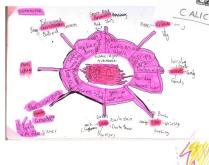
- .. how to write an engaging story without making it ten pages long
- .. to plan my stories better
- .. to use figurative language, onomatopoeia and lots more
- .. about show don't tell, it is a method to creating a picture in your readers mind
- .. a better story structure
- .. use more descriptive language
- .. more about writing in a short period of time
- .. a lot about making my writing better

I think I am better at

- .. writing short stories
- .. focusing on my planning and writing
- \dots using good ideas and better description when it comes to narrative texts
- .. using a variety of outstanding vocabulary
- .. using more paragraphs and descriptive words
- .. writing persuasive texts
- .. narrative than persuasive writing
- .. show don't tell
- .. writing high level descriptive words











"If you want to change the world, pick up your pen and write." Martin Luther



Curriculum Corner



Physical Education

District and Division Swimming

On Thursday February 29th, a select group of Tyabb Primary School students attended District Swimming at Crib Point Pool. These students competed in swimming races for freestyle, backstroke, breaststroke, butterfly and relays against students from different schools in our District.

All the students did an amazing job with so many close finishes in the races which they should all be very proud of. Students who finished with the fastest 2 times in their events progressed to the Division level which was held at YAWA in Rosebud on 12th of March.

A big congratulations to Ed, Jhai, Leni, Sam, Olivia, Abigail, Kayla and Hallie who represented themselves and Tyabb Primary School at this event, all doing an amazing job. You should all be super proud of your efforts.

Physical Education has a busy end to the term with Summer Sport for Grade 5/6 students to be held on the 21st of March. Please make sure to check Sentral and to approve permission for this event.



Canteen News!

First Day Back!!
Thanks to our
awesome
School Captains
for helping out!



Some of our Grade 5 students stood in while Grade 6's were on camp. Thank you for your help. You were fabulous!





March

PREP

Evelyn

Vaan

GRADE ONE

Sophie

Lincoln

Emmett

Skylah

Billie

Elizabeth

GRADE TWO

Annie

Thomas

Oliver

Miller

GRADE THREE

Grace

Hudson

River

GRADE FOUR.

Мауа

Sadie

Harry

Oliver

Asiani

Heidi

GRADE FIVE

Havarna

Oliver

Kayla

GRADE SIX

Dillon

Hunter

Audrey

Logan

Jayden

Chloe

Billy

Physical Education News

Congratulations to Jy on finishing in 3rd place for his 800m race at Seaford Athletics Open Day on the 3rd of March. His highlight of the race was overtaking the runner who was currently in 3rd place with 150m to go. Jy had to work really hard in the last few metres of the race because the other competitor was trying to get back past him. As Jy crossed the finish line he was thinking to himself that he was so happy to be finishing in 3rd place. Well done on an excellent effort Jy. He is looking forward to putting his running skills to the test at the House Cross Country next term. Keep training hard and competing to the best of your ability.







ENVIRONMENTAL ACTIVITIES, ANIMAL ENCOUNTERS AND NATIVE ANIMAL CARE

Includes feeding animals, food prep and animal enrichment activities.

Learn about our animals, their conservation and the environment.

For ages 7-14 years.

WEEK ONE - Tuesday 2nd - Friday 5th April | WEEK TWO - Monday 8th - Friday 12th April Cost: \$99.00 per day | Small groups of 16 | 9:00am start - 2:00pm finish

>> Inclusive Keeper Club

Thursday 11th April | 2:00pm start - 4:30pm finish | Cost \$99 per day. Price includes one caregiver for each child.

The Inclusive Keeper Club program provides an opportunity for children who love animals but are unable to attend our mainstream Keeper Club program due to specialised learning or physical needs, and who may require additional support from a parent, guardian or carer. For ages 9-18 years.

































TERM 2 IN PERSON WORKSHOPS

BRISBANE (East Brisbane) | MONDAY 29TH APRIL MELBOURNE (Carlton North) | THURSDAY 9TH MAY SYDNEY (Burwood) | WEDNESDAY 15TH MAY

Educator workshop: 9am - 3.30pm **Parent workshop:** 9am - 1.30pm

Secure your spot via our website www.happyhealthykids.net.au

*Please visit our website to ensure this workshop is right for you

100% of participants would recommend our workshop to other parents and educators!



