

TERM TWO PUPIL FREE DAY

Tomorrow - FRIDAY 26th MAY

EDUCATION WEEK

Last week was Education Week in Victorian Schools and we celebrated the theme “Active Learners: Move, Make, Motivate” with a particular focus on hands on learning in mathematics.

On Tuesday we had an open night. It was terrific to see lots of families visiting classrooms to play a game, share their children’s achievements and race around the school to solve the worded problem. Lots of smiling faces!!! We thank everyone for coming. Thank you to Mr Davies, Ms Grinsted and special helper Blake Fleming for cooking up a storm and running a sausage sizzle as an extra fundraiser. We will announce the winners of the passport competition at our next assembly.

On Thursday we had a multi-age afternoon with mixed age groups visiting a new classroom to participate in an activity related to the theme. It was lovely to see the older students supporting the younger children with a game or craft activity. It was also nice to hear that the kids enjoyed the activity and meeting new children and teachers from other year levels.

On Friday/Monday we had our World of Maths incursion. Each grade level visited the hall which was set up with a range of hands on, problem solving activities. Our students appeared to love working in teams to investigate and explore a range of maths problems. Thank you to the parents who helped our students during these sessions.

SIBLING ENROLMENTS

We have now had the pleasure of doing 6 tours and showing prospective new parents our fabulous school and students. As we start to plan the number of prep grades we will have for 2024 it would really help to know how many siblings will be attending. Thank you to parents who have already picked up enrolment forms. Please return them along with birth certificate and immunisation as soon as possible.

NATIONAL RECONCILIATION WEEK 27TH MAY—3RD JUNE

National Reconciliation Week (NRW) is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.



The theme for National Reconciliation Week 2023, **Be a Voice for Generations**, encourages all Australians to be a voice for reconciliation in tangible ways in our everyday lives — where we live, work and socialise. The theme urges all Australians to use their power, their words and their actions to create a better, more just Australia for all of us.

At its heart, reconciliation is about strengthening relationships between Aboriginal and Torres Strait Islander peoples and non-Indigenous peoples, for the benefit of all Australians.

What's the significance of 27 May and 3 June?

27th May marks the anniversary of the 1967 referendum when Australians voted to remove clauses in the Australian Constitution that discriminated against Aboriginal and Torres Strait Islander peoples. 3rd June marks the historic 1992 Mabo decision in which the High Court of Australia recognised native title—the recognition that Aboriginal and Torres Strait Islander peoples’ rights over their lands did survive British colonisation. The day before National Reconciliation Week, 26th May, is National Sorry Day, which was first held in Sydney in 1998 and is now commemorated nationally to remember and honour the Stolen Generations.

During National Reconciliation Week each of our classes will be learning about the history and cultures of our Aboriginal and Torres Strait Islander peoples. We will share some of the work we have been doing in our following newsletters.



WILLUM WARRAIN'S MORNINGTON PENINSULA

RECONCILIATION WALK 2023

SUNDAY, JUNE 4, 2023 AT 11 AM – 1 PM



BE A VOICE FOR GENERATIONS

Join us, the Aboriginal community of the Mornington Peninsula, for a leisurely stroll in the spirit of Reconciliation.

Come with your family, school group or community group - everyone is welcome.

Includes Welcome to Country by the Bunurong Land Council, Djarla (Ganga Girl with dancers), Yeng Gali Mullum choir, cultural activities & free family BBQ from 11.30am onwards at Willum Warrain.

The walk begins at Pelican Park on the Hastings Foreshore at 11:00am & proceeds to our Gathering Place at 10c Pound Road, Hastings. Park at Willum Warrain at 10:00am for the shuttle bus lift to Pelican Park.

For more information please call (03) 5979 1391

Organisations- please register your interest on the FB event to help with catering:

<https://www.facebook.com/WillumWarrain>

Mother's Day Breakfast



We hope that our mums, grandmas, great grandmas and special carers had a lovely mother's day, received some well-deserved pampering and enjoyed the gifts chosen at our annual mothers day stall. Thank you to the parents who donated gifts and to our PFA for wrapping and running the stall on the day.

Our Mother's Day breakfast was another huge success. It was lovely to see the proud and smiling faces of our children having breakfasts with a special person in their life. We served over 400 breakfasts to students and their siblings, mums, grandmas and great grandmas! A huge effort!

Special thanks to Jantina Forecast, our PFA president for organising both events and thank you to the staff, parent helpers and grandparent helpers who cooked up a storm on the barbecues. It is terrific to hold events like this that bring the whole school community back together again.







Police In Our Community

Last Friday we were lucky to have two Constables visit us before school to promote Walk To School Safely. Even though many of our students are driven to school, there are still other students who walk from neighbouring streets to get to school.

The constables handed out temporary tattoos to students as they came through the front gate and had a great chat to each and every one of them.



Later this month we will be having a visit from the Community Police to talk to the grade six (May 30th) and grade five (June 1st) students with regards to Cyber Safety. This is a very important topic and one that we felt the students would benefit from immensely. The police will visit their classrooms and speak to them about being safe online.

After these sessions, the police will then spend time in the playground to chat to students and make them aware that police are always approachable and there to help in times of need. This is great to see that the police are able to get back into schools.



If your child is experiencing any issues online, the following site is available for information and support. This website (esafety.gov.au) has a wide range of information to help parents navigate the cyber world and how to make it safe for children. This is also the website that you can report online issues.

Each term they have a range of webinars available to parents. The term 2 webinars have expired, however below outlines the term 3 and term 4 webinars available to parents. If any of these interest you, please visit the website and register your interest.

Term 3

National Day of Action Against Bullying and Violence (18 August)

National Child Protection Week (3 to 9 September)

eSafety 101: how eSafety can help you

Suitable for parents and carers of young people in primary and secondary school.

Online boundaries and consent

Suitable for parents and carers of young people in primary school.

Getting the most out of gaming

Suitable for parents and carers of young people in primary and early secondary school.

Online relationships and consent: sending nudes and sexting

Suitable for parents and carers of young people in secondary school.

Getting started with social media: TikTok, YouTube, Instagram

Suitable for parents and carers of young people in primary school.

Term 4

Mental Health Month (October)

Wellbeing and digital technologies

Suitable for parents and carers of young people in secondary school.

Getting the most out of gaming

Suitable for parents and carers of young people in primary and early secondary school.

Navigating online friendships

Suitable for parents and carers of young people in secondary school.

Getting started with social media: TikTok, YouTube, Instagram

Suitable for parents and carers of young people in primary school.

What's Happening

Term 2

Please note that this page will be updated each newsletter as new events are scheduled

Friday 26th May	Curriculum Day— No Students at School
Monday 29th May	School Assembly
Tuesday 30th May	Victoria Police Cybersafety Presentation Grade 6
Wednesday 31st May	Division Cross Country—Selected Students
Thursday 1st June	Victoria Police Cybersafety Presentation Grade 5
Friday 2nd June	Prep Chesterfield Farm Excursion
Friday 2nd June	Grade 1 & 3 Fire Safety Incursion
Monday 12th June	Kings Birthday Holiday
Thursday 15th June	Winter Lightning Prem Grades 5 & 6
Friday 16th June	Alpha Production Whole School
Monday 19th June	School Council Meeting
Wednesday 21st June	Reports Issued via Sentral
Wednesday 21st June	Regional Cross Country—Selected Students
Friday 23rd June	Last Day Term 2—Dismissal Time 2.30pm

CSEF (CAMPS, SPORTS, EXCURSION FUND)

If you have a Centrelink Health Care Card or Pensioner Concession Card you may be eligible for CSEF for your child. Please come to the office to fill out a form.

If you have previously applied through Tyabb Primary we will have already reapplied on your behalf for this year.

Applications for this year close on 23rd June, 2023.

Physical Education

District Cross Country

On Thursday the 18th of May, Tyabb Primary School had 50 students compete at the District Cross Country held at the Hastings Foreshore. Students competing in the 11 and 12/13 year old age group ran 3km and the 10 and under students ran 2km.

The weather was perfect for running with the sun shining for the majority of the day with minimal wind which the runners would have been thankful for.

Students need to finish in the top 10 to make it to the Division level which will be held next Wednesday, 31st May at Hastings Foreshore.

Tyabb Primary had a lot of students finish between 11-20 with 8 students finishing in the top 10. Well done to Paige for finishing 1st in the 11 year old girls race. We would like to wish those 8 students the best of luck at the next level.



Classroom Capers

Grade 5 Camp Rumbug



CAMP FIRE

FLYING FOX



ARCHERY

LOW ROPES



GIANT SWING



Mud Run



Aero Ball



RAFT BUILDING







World of Maths

We had a fantastic visit from the wonderful people at World of Maths. They came with interactive activities that allowed all of our students (and some parents) to have fun in the hall investigating, measuring, problem solving and reasoning. Thank you to all the parents that volunteered their time to make this an amazing incursion.



Blow out the candles,
wish away,
you are the
superstar of the day.
HAPPY BIRTHDAY!

Blow out the candles,
wish away,
you are the
superstar of the day.
HAPPY BIRTHDAY!

May

PREP

Madeline
Tom
Brooklyn
Jack
Dylan
Evelyn
Addison
Zachary
Lily

GRADE ONE

Reuben
Maxwell
Blair
Indy

GRADE TWO

Adeline
Zoe
Charlie

GRADE THREE

Judd
Owen
Samuel
Eden
Otis
Alice

GRADE FOUR

Rinoa
Ella
Billie
Tex
Chloe
Mason
Mackenzie

GRADE FIVE

Gracie
Jenny
Isabelle
Isaac

GRADE SIX

Steel
Tane
Alarah

June

PREP

Emily
Cole
Mckenzie
Hizi

GRADE ONE

Hannah
Taite
Rupert
Maddison
Parker
Hannah

GRADE TWO

Ryder
Chase

GRADE THREE

Alyssa
Matilda

GRADE FOUR

Blake
Ruthie
Lola

GRADE FIVE

Tahni
Faith

GRADE SIX

Henry
Tate
Grace
Peyton
Balin

SCHOOL PHOTOS 2023 - Important Registration Information



School Photographs will be taken at

Tyabb Primary School
Monday 3rd April 2023

There is no need to return any forms or payment to school before photo day

Flyers with Unique Image Codes will be issued to all students on or after photo day

When you receive your child's 2023 image code

Follow these 3 simple steps -

1 Go to order.arphotos.com.au and enter your child's 2023 image code



2 Tap on 'Add another child' to enter the image codes of any siblings



3 Fill in your contact details & review before confirming your registration*



*This information will only be used for distribution of personal image codes and ordering details.

That's it!

**It's important to register each year to link your child's NEW images to your contact details
When 2023 images are ready to view in our secure webshop you'll be notified by email and SMS**

+ Create photo packages with any layout & YOUR choice of images + Multiple Image Downloads

+ Order on any mobile device + Share the images with family & friends for FREE

**** Please wait to receive notifications that new images are online BEFORE ordering for 2023 ****



Arthur Reed Photos Pty. Ltd.
A.B.N. 48 528 494 590
(03) 5243 4390
customerservice@arphotos.com.au

SCHOOL PHOTOS – 2023

Our annual school photos have been taken and are now ready to order.

Arthur Reed Photos uses an online ordering system where you can view your photos prior to ordering.

On photo day all students received a flyer which includes a code unique to them.

You will require this 2023 code to register online and view your photos.

If you have already registered, you will receive an email or SMS from Arthur Reed Photos with a link to view your photos.

If you have not yet registered, please go to order.arphotos.com.au and enter your code to complete your order.


If you have misplaced your registration code, please contact the Arthur Reed Photos customer service team directly on 5243 4390 (option 1) or customerservice@arphotos.com.au

*Please note that you will need to register online with your **2023 photo code** to gain access to this year's images.*

All photo packages will be sent directly to your nominated address, so please ensure that you enter the correct details and nominated shipping address upon checkout.

If you require any assistance ordering your photos, please contact Arthur Reed Photos directly on 5243 4390 (option 1) or email customerservice@arphotos.com.au

Scholastic Bookclub

 Issue 4 of Scholastic Bookclub Catalogue will be coming home this week. Loop and Cash orders are due by 31st May.

? Did you know that 15% of every purchase on Book Club goes back to our school in Scholastic Rewards to buy valuable educational resources that benefit your child? With items as low as \$1 there's something for everyone!

ISSUE 2023 4

ORDERS
DUE BACK BY:

Book Club

LEARN
MORE ABOUT
BOOK CLUB

001

NEW! FIFA Women's World Cup 2023: The Official Guide
The definitive illustrated guide to FIFA Women's World Cup 2023. 128 pp. AGES 8+
~~\$24.99~~ **\$22.00**

002

NEW! Barbie: You Can Be a Soccer Player
Can the team work together to win?
32 pp. AGES 4+ ~~\$6.99~~

\$4

003

Time Loop Troubles
Zombie gets sucked into a portal that traps him in a time loop!
144 pp. AGES 8+ ~~\$17.99~~

\$10

EDITOR'S CHOICE ★★★★★

004

NEW! Crash Landing
The world's most embarrassing family goes on holiday, and it won't end well!
192 pp. AGES 8+ ~~\$15.99~~

\$6

005

NEW! Sharks in Eye-Popping 3D!
Facts, stats and awesome sharks in eye-popping 3D!
48 pp. AGES 6+ ~~\$15.99~~

\$10

006

NEW! Tidy Time!
The Friends collect rubbish on Tidy Your Town Day. 128 pp. AGES 6+
~~\$14.99~~

\$8

007

NEW! The Little Mermaid: The Novelisation
A young mermaid makes a deal with a sea witch.
256 pp. AGES 8+ ~~\$12.99~~

\$9

008

Monty the Sad Puppy
Will a new dog threaten Amelie's love for Monty?
128 pp. AGES 6+ ~~\$12.99~~

\$3

SAVE \$33.96

009

First Nations Nature 4-Pack
Four beautiful books by Indigenous creators. Each 24 pp.
AGES 3+ ~~\$59.99~~ **\$26.00**

010

NEW! Did You Do This Poo?
When a poo appears where it shouldn't be, a curious little unicorn searches for the culprit!
32-pp hardcover. AGES 3+ ~~\$19.99~~
\$12.00


011

Humpty Dumpty Sat on the Slide
Humpty can't catch a break!
24 pp. AGES 3+ ~~\$16.99~~

\$3

SCHOLASTIC

SPOTLIGHT




Book Club

ISSUE 4 2023

READING ADDS UP!


Reading is a positive habit that has life-long impacts on your knowledge and your health. It's like exercising or eating your vegetables.

What a difference reading for 10 minutes a day makes!




1
MINUTE
A DAY

365 minutes in one year
2555 minutes by year 6
8000 words in one year!



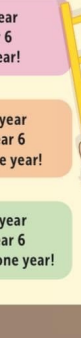
10
MINUTES
A DAY

3650 minutes in one year
25,550 minutes by year 6
600,000 words in one year!



20
MINUTES
A DAY

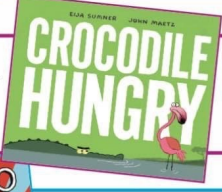
7300 minutes in one year
51,100 minutes by year 6
1,800,000 words in one year!



Check out these fun stories. Find them in Book Club!

AGES 3+

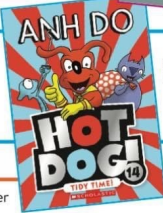
Crocodile hungry. What can crocodile eat? Canned ham? Too hard to open. Beef jerky? Gets stuck in teeth. Eggs? Bite shell, get toothache. Crocodile cries. Big juicy tears. Crocodile must find food. But where?



Crocodile Hungry
ITEM 102

AGES 6+

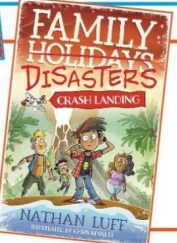
Hotdog and his friends are busy cleaning up for TIDY YOUR TOWN DAY! Whoever collects the most rubbish will WIN a jungle adventure! ROARSOME! Will they CLEAN UP the competition, or will someone totally MESS with them?!



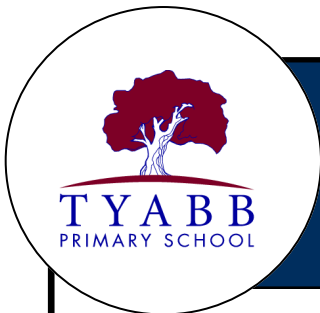
Tidy Time! (Hotdog! 14)
ITEM 006

AGES 8+

A family holiday is a really, really bad idea! After a super embarrassing situation at school, Jakob decides the only way to escape the ridicule is to leave the country on a family holiday. But with a cheapskate worry-wart for a dad and an obnoxiously loud optimist for a mum, fresh humiliation is around every corner. Even worse, the weirdest girl at school is coming along for the ride and won't let Jakob out of her sight. Jakob thinks he has hit rock-bottom. Little does he know there is always further to fall in a family holiday disaster!



Crash Landing
ITEM 004




Community News



CREATIVE MAKES STUDIO Where Art for everyone

Pre-Primary and Primary Kids classes for children aged 2+
A comprehensive timetable of School Holiday Classes
Adults Creative Classes and workshops
Family Workshops
Art Parties for all ages
Monthly Creative Capers Kids club
Group classes and Private lessons (NDIS compliant)
Custom workshops
Cork and Collage parties
Clay club
Adults Art club

website: www.creativemakes.com.au

 @melscreativemakes

 @_creativemakes_

Be Inspired to Discover your Creativity

email: melscreativemakes@gmail.com

address: 6 High Street Hastings VIC 3915

phone: 0425 867 919



MUSIC LESSONS



Private (1 on 1) lessons in PIANO, GUITAR VOICE & DRUMS
Multiple locations Mornington Peninsula and surrounds
Parents welcome to 'sit in', all learning material provided free
No 'lock in' time periods, no advance billing - pay as you go!
Contact 'The Mornington Peninsula's favourite music school'

www.dsemusic.com.au

info@dsemusic.com.au or 0416 586 483

AE TUTORING



ARE YOU LOOKING FOR SOMEONE TO HELP WITH YOUR CHILD'S LEARNING?
WOULD YOUR CHILD LIKE TO FEEL MORE CONFIDENT AT SCHOOL?
DOES YOUR CHILD REQUIRE EXTENSION IN A CURRICULUM AREA?

I am a qualified primary school teacher, who has been working in the field for more than 20 years. I am extremely familiar with the Victorian curriculum.

If your child needs some additional support in their learning, I would love to help.

Through an initial assessment, I will find the curriculum gaps and tailor a program specific to their individual learning needs.

Please contact me if you would like to discuss this further.

Contact – Amber 0408 058 893 or you can message me through Facebook.



TUESDAYS

MarShere
DANCE STUDIOS
Learn | Exercise | Socialise
HASTINGS

KIDS DANCE CLASS

MarShere Hastings
5.30pm - 07:00pm

**TUESDAY NIGHTS
(INCL. HOLIDAYS)***

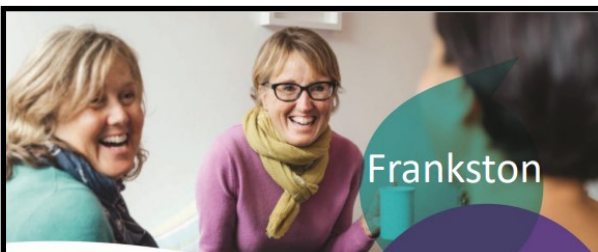


Learn new dances like: Merengue, Cha cha and jive, including Fun Games and friendship

MarShere Hastings
3/2031 Frankston- Flinders Road, Hastings

CALL US: 03 5979 2497

*Classes are not run over the Christmas Break



Frankston

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

FIND US AT:
BAM Arts Inc
1 Rosella Street, Frankston
Monday 10:00am – 12:00pm

CONTACT:
Facilitator: Sue Batcheler
Phone: 0413 655 659
Email: suzanneb@mytimevic.com.au

BAM ARTS INC.





MyTime
Supporting parents of children with disabilities

mytime.net.au

Unwind and share experiences with others who understand

MyTime term plan

mytime.net.au

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
22/05/2023	"Mini Expo" Sharing of resources, tools etc. we have found helpful for our kids	<ul style="list-style-type: none"> Dancing 
29/05/2023	Craft Activity supplied by Bunnings	<ul style="list-style-type: none"> Craft activities 
05/06/2023	Guest Speaker: EACH services	<ul style="list-style-type: none"> Toys and blocks 
19/06/2023	Coffee & Chat	<ul style="list-style-type: none"> Stories and Singing 
NOTE: No session 12/06/2023 due to Public Holiday.	BAM DETAILS Bam Arts Inc are dedicated to providing arts programmes, events and opportunities for people with disabilities of all ages. MyTime at BAM Arts Inc will be a creative and fun time for children and adults. We will host a 30 minute weekly music and movement session for children where we will sing and dance and make new friends.	





MORNINGTON PENINSULA LIBRARIES
- May Edition -

STAY INFORMED. STAY CONNECTED.

New Streaming Service HOOPLA Now Available!
Find books, comics, movies, tv shows and music (including soundtracks)

NEW  **hoopla**
DIGITAL

Tap into Discovery.
Read, Listen, and Watch
with Your Library Card.

Story Dogs. Term 2 at Hastings Branch
Improve your child's reading and communication skills
with the help of a trained companion dog and their
handler.

Individual sessions will be allocated
between 4pm and 5.30pm on
Wednesdays throughout Term 2.

Free. Bookings essential. Call Hastings Library on 5950 1710
or pop in branch for more information!

Saturday Storytimes - No bookings required

RAINBOW STORYTIME
Celebrate IDAHOBIT with books
about rainbow families
and inclusion.
ROSEBUD LIBRARY
SATURDAY MAY 20TH 10.30AM

**WORLD BEE DAY
MAY 20TH**
SATURDAY STORYTIME
MORNINGTON LIBRARY 11AM



CAFE 100 MILE FOODIE
1065 Frankston-Flinders rd, Somerville

OUR UPCOMING EVENTS

- BARBIE HIGH TEA**
2ND JULY 2023
FEATURING BARBIE THEMED
SWEETS, TREATS AND DRINKS
- HARRY POTTER HIGH TEA**
28TH MAY 2023
FEATURING HARRY POTTER THEMED
SWEETS AND SAVOURIES FOR ALL
THE HARRY POTTER LOVERS OUT
THERE!
- CHRISTMAS IN JULY
HIGH TEA**
23RD JULY 2023
FEATURING EVERYONES
FAVOURITE CHRISTMAS TREATS TO
GET INTO THE CHRISTMAS IN JULY
SPIRIT

SCAN THE QR CODE TO BOOK IN
ANY OF OUR
UPCOMING
EVENTS



ABOUT OUR CAFE
We are café based in Somerville.
We are proud to offer our clients,
living with a disability, a paid and supported
employment.
Our Café is built 100% to support them in
their
employment goals. Clients work in our cafe
with the guidance and help from a support
worker. They get the opportunity to
undertake coffee training from Little Rebel.
After their training session, our clients are
able to successfully make amazing coffees,
whilst learning customer service skills.
Your visit today and ongoing support gives
them a future of opportunity to accomplish
their dreams.



SPECIALS:

OUR HOMEMADE PIE,
SERVED WITH POTATO MASH,
GRAVY AND MUSHY PEAS \$6

MEDIUM COFFEE + TOASTIE \$10

MEDIUM COFFEE + HOMEMADE PIE \$6

[View this email in your browser](#)

Coming to THE MELBOURNE MAGIC FESTIVAL these winter holidays!

The Magnificent & Malfunctioning Magic Show!

Abracadabra, dear mates! You may remember me from your kids birthday, school celebration or annual family get together. If you've never met me, my name is Lachlan Wilde and I am a kids magician and entertainer.

THE MAGNIFICENT & MALFUNCTIONING MAGIC SHOW



PRESENTED BY LACHLAN WILDE

Wands at the ready! Enter the wacky world of The Magnificent & Malfunctioning Magic Show, where everything that can go wrong will go wrong!

It is with absolute pleasure, and I am bursting at the seams to announce that you can buy tickets today, for the wicked price of \$20!! That is so much value for you and your kids.

I can't wait to see you at the show!!!

PS. Keep your eyes peeled for some intriguing announcements soon...

PERFORMING ARTS CLASSES



- Musical Theatre and Drama classes for ages 3-18 years.
- 24 locations across Melbourne.

AUDITION NOW

stageschool.com.au | (03) 8199 8344 | f t i o

Stage School Australia



MORNINGTON PENINSULA HOCKEY CLUB
IN ASSOCIATION WITH HOCKEY VICTORIA

HOOKIN2 HOCKEY

8 week hockey program

Starts Wednesday 10th May 2023
Wed 10/5 | Wed 17/5 | Wed 24/5 | Wed 31/5 | Wed 7/6 | Wed 14/6 | Wed 21/6 | Wed 28/6

5:15PM - 6:15PM
Peninsula Hockey Centre
Monash University Frankston (parking end of Bloom Street)

How to participate in this program:

1. Children must be registered with Hockey Victoria
2. Visit <http://www.hookin2hockey.com.au> and select 'Find A Program'
3. Enter postcode 3199 and select 'Mornington Peninsula Hockey Club'
4. Register for the Term 2 clinic and pay \$65

COME AND HAVE FUN
LEARNING HOCKEY

MAKE NEW FRIENDS
LEARN NEW SKILLS

SUITABLE AGES
5 - 13 YEARS

BEGINNERS
WELCOME

BYO LONG SOCKS
BYO MOUTHGUARD
BYO DRINK

SHINGUARDS AND
STICKS SUPPLIED

**EXPRESSIONS
OF INTEREST**

Call Cheryle Bishop
(03) 8774 4784

hookin2hockey@mphc.org.au



Transforming
lives for stronger
communities

CHAMPS Club

Have a fun afternoon with other children whilst learning about looking after yourself and mental health!

CHAMPS is a peer support group for young people who have a parent, carer or family member with mental health challenges either in the home or in their family network. The group is facilitated by Family Life practitioners in partnership with Families where a Parent has a Mental Illness (FaPMI).

Suitable for: 8-12 year olds with an adult family member who experiences mental health challenges (such as a parent, carer, adult sibling etc.)

Optional: Dinner afterwards for CHAMPS participants with Parent/Guardian's consent.

Access to the Group Work Registration Form: If you would like to attend click [here](#) or scan the QR Code



CHAMPS is a free program. Facilitators are accredited and trained by the FaPMI Program.

For further information please contact:

Family Life on 03 8599 5433 or email earlyhelp@familylife.com.au

Where: Jimmy's Youth Wellbeing Sanctuary, 827-829 Point Nepean Rd, Rosebud VIC 3939

When: 6 sessions, Tuesdays, 2nd May to 6th June 2023.

Time: 3:45pm - 5:00pm

Cost: FREE



www.familylife.com.au

The Victorian FaPMI Program
Families where a parent has a Mental Illness



YOUNG LIVES

Blended/step family workshop



Blended/stepfamilies can be wonderful, loving and happy for lots of people. But some find the complexity of blended families challenging.

Ongoing negotiation with ex-partners, co-parenting with new partners, adults and children having different expectations, building a connection with step-children, helping biological children adjust to a new life, dealing with your children's new step-parent...the complexities are many.

This workshop will cover topics and concepts in a manner that allows you to apply learning to your situation. Participants will be able to safely discuss their challenges and most importantly, learn how to identify strength-based approaches that can support your family.

During the 3.5 hour session you will:

- Develop skills and understanding to support you as you navigate complex relation dynamics

- Explore positive approaches to conflict minimisation and resolution
- Discuss blended family communication: why it can be tough, examining solutions
- Discuss agreeing on and setting boundaries, and working collaboratively with partners, ex-partners, and children.

This in-person workshop is suitable for adults on either:

Sat 20 May 9:30am - 1pm
or Friday 2 June 9:30am - 1pm

Cost: \$35 per participant (usually \$400!)
Location: Mornington

Register online:

• theseamlessblend.com.au/workshop-enquiry



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