

### Newsletter

#### Edition 3—2nd March 2023

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## Pupil Free Curriculum Day Friday 10th March

#### SCHOOL COUNCIL 2023

Nominations are now closed for the School Council of 2023 and all positions have been filled - no ballot will be required.

Thank you to the parents who nominated. Congratulations to the successful parent nominees: Trevor Smith, Brooke Davies and Katie Rees and to our successful DET nominee Kris Grinsted.

I would like to take this opportunity to thank all staff and parents on Council for giving their time and efforts in supporting the school. Thank you to exiting members Vanessa Thiele and Jodie Nafiz for your support. It has been a pleasure working with you all. Our School Council AGM and our first meeting of the new School Council will occur on Monday 27th March at 6.00pm. School council members for 2023:

#### **Parent Members**

- Shelly Bellinger
- Bryce Palmer
- Brooke Davies
- Amanda Bryant
- Erin Machar
- Trevor Smith
- Katie Rees

#### **DET School Employee Members**

- Carole Howden
- Kris Grinsted
- Kathy Woff
- Tania Matthews

We thank the above members for volunteering to be a part of our new school council and look forward to working together to make our school the best it can be.

#### PARENTS AND FRIENDS ASSOCIATION

The PFA is a volunteer group of parents who organise community events and fundraising activities to enhance and improve on the programs, resources and facilities of the school. Each year parents are invited to join our PFA to support our children, meet new parents and be a part of providing the best possible opportunities for our students.

I would like to invite you to our first PFA meeting/ afternoon tea for 2023. A chance to learn more about our school goals, the PFA and meet new parents.

If you are unable to attend but willing to support us in some way, please contact the office and we will pass your details on to our PFA president.



#### **Annual General Meeting**

JOIN US FOR SOME COFFEE & TREATS!



Wednesday 15th March 2:30-3:30pm Staff room



- Everyone is Welcome -



#### Easter 2023

## Good Friday 7th April Easter Sunday 9th April Easter Monday 10th April

While it is a little early to start thinking about Easter as it is over a month away we like to give you the heads up about a couple of events.

#### **Easter Raffle**

We are currently collecting donations for our Easter Raffle as mentioned in the flyer in the following pages. Please place any donations in to the basket in the foyer of the office—thank you.

#### **Easter Bonnet Parade**

With five weeks until the end of term we would like to give you advance warning that we will be holding an Easter Bonnet parade on the last day of term, Thursday 6th April. We are encouraging students to wear an Easter hat / costume. We invite parents to attend the parade and will send further information on the time and location in newsletters to come. Our Easter Bonnet parade is always a lovely way to end the term.



#### CANTEEN REMINDERS



ADVANCE NOTICE—THERE WILL BE NO CANTEEN
LUNCH ORDERS ON THE FIRST WEEK OF TERM 2
DUE TO ANZAC DAY PUBLIC HOLIDAY

Tuck shop will be open as usual

#### **Canteen lunches**

Canteen lunches are usually provided on Wednesdays unless there are public holidays or special school events. We will notify you in the newsletter or via Sentral if there is a change to our usual canteen arrangements. Parents are able to order a lunch order for their child through QuickCliQ which can be accessed through SENTRAL, our school management system. Online orders must be made by 9.15am Tuesday with lunch orders delivered to classrooms on Wednesday.

If you know in advance that your child will be absent on the day of their lunch order you can cancel via QuickCliq.

If you do not know in advance eg your child wakes up sick on lunch order day you will need to ring the office before 9.30am and ask our office staff to cancel the lunch order. Otherwise the lunch will be prepared and you will be charged for the order.

Prices are available when you order online. We have also included a canteen price list further in our newsletter with current prices.

#### Tuckshop

The Acorn Snack Shack is open each Wednesday and Friday for purchases additional to your child's lunch. There is a strict limit of \$3 per child for tuckshop purchases. Children should not be sent to school with large amounts of money to spend at the canteen and are not permitted to buy for other children.

Please refer to our tuck shop price list further in our newsletter for a list of current prices.

#### Parent helpers

Our canteen service relies on the generous support of parent volunteers. If you are available to be on the canteen roster please contact the school office and we will ask our canteen manager Kyra Johnson to get in touch with you.

## **GREEN TEAM**

### The 2023 Years Prep - 6 Green Team Representatives

| Cooper and Maddie                  |
|------------------------------------|
| Harry and Lilah                    |
| Harlow and Archie                  |
| Jackson and Kaleb                  |
| Samuel and Levi                    |
| Miller and Rory                    |
| Flicky, Eli and Smith              |
| Elijah and Hugh                    |
| Hudson and Grace                   |
| Olivia and Jye                     |
| Zac and Alyssa                     |
| Milla and Brayden                  |
| Billie, Hudson and Mason           |
| Ella and Kayla                     |
| Alexis and Griffin                 |
| Isaac, Gracie and Dieter           |
| Sophie, Hannah, Alarah and<br>Isla |
| Rosie and Juliette                 |
| Ava and Peyton                     |
|                                    |



Mrs Hewitt, Ava and Peyton (our science captains) are excited to say the Green Team is back with a vengeance in 2023. We have many exciting ideas and plans to help us learn about, and support the environment and sustainability. We are seeking any enthusiastic parents with a passion for gardening. Please contact Mrs Hewitt via email <a href="mailto:karina.bartlett@education.vic.gov.au">karina.bartlett@education.vic.gov.au</a> if you can lend a hand. We welcome all offers of help to make our Green Team great!

Many thanks for your support and enthusiasm, Ava and Peyton - Grade 6 Science Captains



## easter Raffle Donations



It's hard to believe Easter is just around the corner.

The PFA Fundraising Committee is running an Easter Raffle and we are kindly asking families for donations of any type or size of Easter Eggs and baskets. The more Easter eggs we receive the more raffle prizes we can put together.

Please leave any donations in the basket at the office by Friday 31<sup>st</sup> of March

The Raffle will be drawn on the last day of term,

Thursday 6th of April.

Raffle tickets will go home soon.

Thank you for supporting this fundraiser.





## What's Happening Term 1

Please note that this page will be updated each newsletter as new events are scheduled

| School Assembly   |
|---|
| Grade 5 Stem Program at WPSC                                  |
| Southern Peninsula Division Swimming - selected students only |
| Curriculum Day - Student Free                                 |
| Labour Day Public Holiday                                     |
| NAPLAN Grades 3 & 5   |
| PFA - AGM - All parents welcome                               |
| School Assembly   |
| Grade 4 Camp Phillip Island                                   |
| Young Leaders Conference                                      |
| Bookfair - Scholastic   |
| School Council Meeting  |
| Grade 5 Stem Program at WPSC                                  |
| Summer Lightning Premiership - Grade 5 & 6                    |
| WHOLE SCHOOL PHOTOS   |
| School Assembly   |
| House Cross Country - Grades 3 - 6                            |
| Grade 5 Stem Program at WPSC                                  |
| Easter Bonnet Parade and Raffle                               |
| Last Day Term 1 - Dismissal Time 2.30pm                       |
|   |



Please look on the Sentral App Calendar for up to date events. This calendar will be updated regularly.

#### CSEF (CAMPS, SPORTS, EXCURSION FUND)

If you have a Centrelink Health Care Card or Pensioner Concession Card you may be eligible for CSEF for your child.

Please come to the office to fill out a form.

If you have previously applied through Tyabb Primary we will reapply on your behalf for this year.

Applications for this year close on 23rd June



Dear Parent/Carers of students in Grade 3 & 5.

<u>The National Assessment Program (NAPLAN)</u> – Literacy and Numeracy (NAPLAN) for Years 3, 5, 7 and 9 students are held in March each year. In 2023, the NAPLAN Online test window is between **Wednesday 15 March and Monday 27**th **March**.

NAPLAN tests assess student knowledge and skills in writing, reading, conventions of language (spelling, grammar and punctuation) and numeracy. The results of the tests provide information for students, parents, teachers and principals and can be used to improve student achievement.

NAPLAN tests are delivered in an online format. This delivers many benefits including:

- a 'tailored test' design that adapts to correct and incorrect student responses providing a more precise understanding of student achievement;
- innovative use of technology, including a more engaging test design and a wider range of item types;
- an extended and more flexible test window, allowing schools greater opportunity to schedule the tests at times that suit them best and increasing student participation.

A <u>public demonstration site</u> is available for schools, teachers, parents, carers and students to familiarise themselves with the online tests. (https://www.nap.edu.au/naplan/public-demonstration-site). Where it asks for student code/name please just click 'next', 'yes' and 'test,' to get to the example questions (these appear after the practice log in screens).

All eligible students are expected to participate in the NAPLAN tests. Catch up tests will be available for individual students who are absent on test days up to and including Monday 27 March 2023.

Support can be arranged for students with disabilities, if the student regularly uses similar support for classroom assessment tasks.

Exemptions may be granted to students with significant intellectual disabilities and to students who have been learning English for less than one year. If your child is eligible for support due to disability or exemption, you should discuss this with his/her teacher prior to the tests. Parental consent is required before any support due to disability or exemption is granted.

Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents and carers in consultation with the principal. If, after consultation, you decide to withdraw your child, you must sign a student withdrawal form. These forms are available at the school.

Later in the year you will receive your child's personal NAPLAN report. The report will describe your child's particular skills in reading, writing, conventions of language (spelling, grammar and punctuation) and numeracy. The report will also show how your child performed in relation to national minimum standards. These describe the minimum acceptable standards for students across Australia.

We are confident that the information you receive as a result of your child's participation in the NAPLAN tests will be valuable in helping you to assess your child's progress in literacy and numeracy.

For more information about NAPLAN, please visit the VCAA website or the ACARA NAPLAN website.

The draft NAPLAN timetable for our school for grades 3&5 is as follows:

| Grade 3 | Wed 15 <sup>th</sup> March         | Thurs 16 <sup>th</sup> March            | Friday 17 <sup>th</sup> March                         | Mon 20 <sup>th</sup> March             | Catch up Tests are  |
|---------|------------------------------------|---|---|--|---|
|         | Writing                            | Reading                                 | Conventions of  | Numeracy                               | scheduled daily for   |
|         |                                    |   | Language  |  | student who have  |
|         |                                    |   |   |  | been absent for one or  |
| Grade 5 | Wed 15 <sup>th</sup> March Writing | Thurs 16 <sup>th</sup> March<br>Reading | Friday 17 <sup>th</sup> March Conventions of Language | Mon 20 <sup>th</sup> March<br>Numeracy | more tests and will<br>start Friday 17 <sup>th</sup> March<br>and be available until<br>Monday 27 <sup>th</sup> March |

Regards, Tyabb Primary School



### Welfare

## Caught Being Respectful



#### Congratulations to our winners for the first week of "Caught Being Respectful"

**Emily H**—showing maturity and respect when working in small groups playing Auslan games

**Ryder Mc**—helping out a friend with their bag

**Isla M**—helping to sort out maths items and always showing lovely manners

Jack K—being respectful to everyone during garden club

**Sadie W**—being mindful of others when on the Auslan colour scavenger hunt

Olivia P—working hard in class (quietly) to allow others to be their best too

**Liv J**—being aware of her surroundings when on the Auslan colour scavenger hunt

Jaden C —waiting politely to allow others to get their laptops

Ella K— being aware of her surroundings when on the Auslan colour scavenger hunt

**Jackson W**—playing a class game. He listened respectfully to others and waited patiently for his turn.



During the first few weeks of the 2023 school year, students have been working on building relationships in their classrooms by deciding on class rules, expectations and many other exciting parts of starting a new school year, with a new teacher and new peers. All grades have settled very well and working together and individually to be the best that they can be.

Teachers have continued to present work around our school's core values of: *Respect, Safety, Responsibility, Integrity and Optimism.* As a reminder to our parents, please find below our school values and our expectations associated with each value.

| Tyabb Primary School Values                   | Whole School Rules and Expectations                                   |  |
|---|---|--|
| RESPECT                                       | We show this value by:  |  |
|   | Being kind and caring   |  |
| To act in a way that shows you care for       | Accepting and including others  |  |
| yourself, others and the environment.         | Actively listening  |  |
|   | Using good manners  |  |
|   | Following staff instructions  |  |
|   | Caring for property / environment                                     |  |
| SAFETY  | We show this value by:  |  |
|   | Respecting personal space   |  |
| To behave in a safe manner. To protect        | Keeping hands and feet to ourselves                                   |  |
| yourself and others from injury, risk or dan- | Using equipment as instructed   |  |
| ger.  | Walking inside and undercover   |  |
|   | Respecting school boundaries  |  |
|   | Following staff instructions  |  |
| RESPONSIBILITY                                | We show this value by:  |  |
|   | Being persistent and trying our best                                  |  |
| To take care of someone or something. To      | Bouncing back and being resilient                                     |  |
| make good choices and accept the conse-       | Being organised and ready to learn                                    |  |
| quences of your actions.                      | Finishing what we have started  |  |
|   | Making good choices and accepting the consequences of<br>your actions |  |
| INTEGRITY                                     | We show this value by:  |  |
|   | Doing the right thing   |  |
| To do the right thing and be kind, caring,    | Helping others  |  |
| honest and trustworthy.                       | Being kind, caring and trustworthy                                    |  |
|   | Being honest and telling the truth                                    |  |
|   | Accepting and including others  |  |
|   | Taking responsibility for our actions                                 |  |
| OPTIMISM                                      | We show this value by:  |  |
|   | Striving to be our best   |  |
| To always strive for your best and display a  | Having a positive attitude  |  |
| positive attitude.                            | Encouraging and supporting others                                     |  |
|   | Believing you can do it!  |  |
|   | Enjoying school and making the most of opportunities                  |  |
|   |   |  |
|   |   |  |



### Welfare

#### **VISITING PSYCHOLOGIST / COUNSELLOR**

In 2023 we are fortunate enough to once again have the services of Liz Russell (ER Psychology) for our students. Liz has been an amazing support for students throughout the last three years.

Liz will be continuing to offer her services on a weekly basis at Tyabb. The students accessing this service at the school require an up to date Mental Health Plan to access up to 10 sessions with Liz. Some students require less than 10 sessions. These sessions are held at the school during school hours.

If you feel that your child would benefit from the services of a psychologist/counsellor, please do not hesitate to make contact with Kris Grinsted Assistant Principal / Welfare co-ordinator. Please read the information below as to the services that are offered.



# Children's Mental Health Matters!

#### Liz Russell

B.A., Post Grad Dip. (Psych), M. Psych (Health), MAPS

#### Registered Psychologist & Director at ER Psychology

Fully registered as a psychologist with the Australian Health Practitioner Registration Association (AHPRA) since 2008, Liz has completed a Master's degree in Health Psychology at Monash University, and also a Supervised Practice Plan in Darwin and Melbourne.

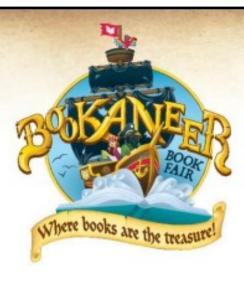
Liz has 18 years of counselling experience, and has worked with adults, adolescents and children in individual and group settings. In addition to seeing private patients at **ER Psychology** located at the Humphries Road Medical Centre, Liz provides on-site psychological therapeutic care to children ranging in age from 5 – 11 years, at several Peninsula based primary schools.

Liz has worked with a range of presenting problems including health related concerns, chronic pain, depression, anxiety, stress; loss of confidence, poor self-esteem, adjustment disorders, grief and loss, and behavioural disorders.

Liz's approach to presenting problems is to examine the biological, psychological, and social components that underpin the issues presented by clients. She takes an integrative approach to counselling, and mainly uses client-centred, cognitive behavioural, and strength based therapies.

Liz visits the school on a regular basis and has been very proactive in helping a number of students at Tyabb PS over the past five years.

She has a passion for helping children and her professional approach to a range of requests from parents has been outstanding.



#### Dear Parents and Families:

Reading for pleasure unlocks the power of information and imagination and helps children discover who they are.

Here's what you can do to help children develop stronger reading skills and a love for reading:

- Set the example. Let children see you read.
- Have a collection of books in your home. Update this collection routinely to keep up with changing tastes and reading skills.
- Support our school's Book Fair. Allow your children to choose their own books to read

The theme of the Scholastic Book Fair this year is **Dino-Mite**, where we hope you will **Stomp, Chomp, and Read!** It's a fun reading event that brings the books kids want to read right into our school. It's a wonderful selection of engaging and affordable books for every reading level.

Please make plans to visit our Book Fair and be involved in shaping your child's reading habits.

Book Fair dates: Monday 27th March to Thursday 30th March

Shopping hours: Before school from 8:30-8:50 and after school from 3:30-4:00

We look forward to seeing you and your family at our Book Fair! Remember, all purchases benefit our school.

Sincerely,

Tyabb Primary Schools Literacy Team





### **Classroom Capers**

### In 4A we love Maths!

We have had a fabulous start to the school year in Grade 4A and we have been enjoying our maths lessons.

Over the last few weeks we have been learning to use equivalence to find unknown quantities in equations.

We have been increasing our mathematical vocabulary and using some fancy words! This week we have been using relational and computational thinking... how impressive is that!

Psst... just in case you were wondering-Relational thinking is when we think about the whole equation and how the parts are connected.

Computational thinking is when we calculate the part we know to find out the part we don't know.



We have been using the addition and subtraction algorithm to solve equations.

Together, we have learnt how to find the missing number in an equation.





## **Classroom Capers**



$$22 + \boxed{?} = 41 - 13$$

We love playing card games to practise our skills. Lately, we have been playing 'break the bank at 27' and 'flip and









Learning with our maths partners is a great way to teach and help each other!



## **Star Students**



| PA         | Sophie  |
|------------|---------|
| PB         | Addison |
| PC         | Jack    |
| 14         | Olivia  |
| 1B         | Alyssa  |
| 1C         | Penny   |
| 24         | Milly   |
| 2B         | Callum  |
| 2C         | Brody   |
| 3.A        | Lily    |
| 3B         | Audrey  |
| 4 <u>A</u> | Jewel   |
| 4B         | Duke    |
| 4C         | Amalie  |
| 54         | Grace   |
| 5B         | Arthur  |
| 64         | Ada     |
| 6B         | Tane    |
|            |         |



| Van                              |
|----------------------------------|
| Sophie                           |
| Thea                             |
| Patty                            |
| Samuel                           |
| Leevi                            |
| Zac                              |
| Stevie                           |
| Felicity                         |
|                                  |
| Abby                             |
| Abby<br>Judd                     |
|                                  |
| Judd                             |
| Judd<br>Will                     |
| Judd<br>Will<br>Lincoln          |
| Judd<br>Will<br>Lincoln<br>Jaden |
| Judd Will Lincoln Jaden Billy    |
|                                  |



## **Acorn Snack Shack**



### **2023 Canteen Price List**

**Hot Food** 

BBQ Chicken Drumstick \$2.50

Beef Meat Pie \$4.25

Chicken Noodles \$2.75

Chicken Nugget \$0.80

Mini Corn on the Cob \$0.60

Butter \$0.20

Party Pie \$1.70

Potato Top Pie (Shepherd's Pie)\$4.35

Sausage Roll \$4.25

Spinach and Ricotta Roll\$4.00

**Sandwiches and Rolls** 

Cheese \$2.85

Cheese and Tomato \$2.90

Ham and Cheese \$3.45

Ham, Cheese and Tomato \$4.15

Salad \$4.70

**Fruit** 

Apple \$1.20

Banana \$1.20

Frozen Pineapple Cup \$1.70

Frozen Mango Cup \$1.70

**Drinks** 

Fruit Juice \$2.30

Apple, Orange, Apple and Blackcurrant

Nippy's Milk \$2.50

**Gluten Free** 

Sandwiches

Cheese \$3.30

Cheese and Tomato \$3.60

Ham and Cheese \$3.80

Ham, Cheese and Tomato \$4.60

Salad \$5.20

Toasted +\$0.35

**Hot Food** 

Beef Meat Pie \$5.50

**Snacks** 

Cheese Stick \$0.80

Gingerbread (may contain nuts) \$2.00

Grain Waves \$2.50

Sour Cream and Onion

Piranha Vege Chips \$1.70

BBQ Cheese

Popcorn \$1.90

Salted

<u>Sauce</u>

Tomato \$0.25

Soy Sauce \$0.35

**Weekly Specials** 

Specials are updated on a weekly basis.



## Acorn Snack Shack Price List





GRAIN WAVES \$2.50



RED ROCK DELI CHIPS \$2.40



GINGERBREAD \$2.00



**POPCORN** \$1.90



VEGE
CRACKERS
\$1.70



CHEESE STICK 80C



RASPBERRY LICORICE 20C



OVALTEENIES \$1.20



## Acorn Snack Shack Price List





MANGO FROZEN YOGHURT \$2.40



CHOC-VANILLA
TWISTED
YOGHURT
\$2.40



VANILLA DIXIE
CUP
\$1.80



FROZEN
FRUIT CUPS
\$1.70











#### **MOOSIES**

\$1.30

CHOCOLATE

LIME

**BANANA** 

**BUBBLEGUM** 

**STRAWBERRY** 



\$1.30
ORANGE
TROPICAL
LEMONADE
WILDBERRY



**ZOOPER DOOPER**\$1.00



QUELCHIE \$1.00 TROPICAL APPLE BERRY

#### **School Photos 2023 - Tyabb Primary School**

Annual school photos including sibling photos will be taken by Arthur Reed Photos on Monday 3rd April 2023.

There is no need to return any forms or money to school.

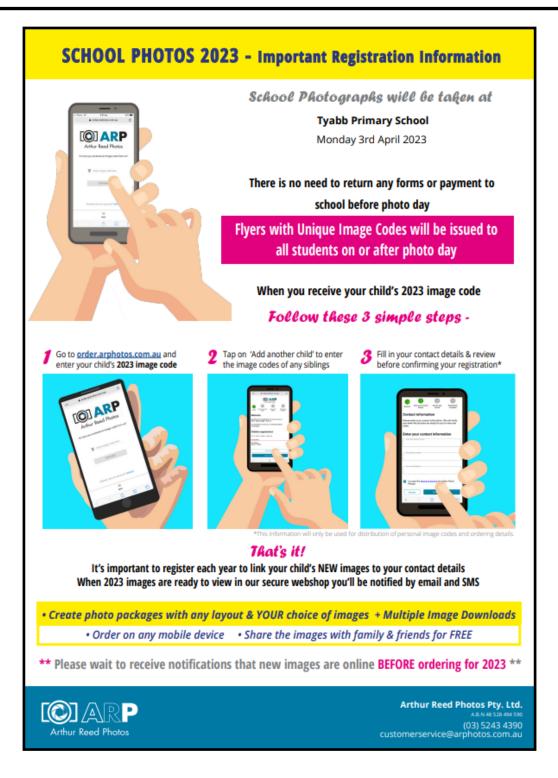
Unique image codes will be issued to all students on/after photo day so families can register online to view images when they become available in the webshop.

Registration is simple, just follow the 3 simple steps on your child's personalised flyer once you receive it and remember to add the codes for all your children attending this school.

Even if you registered last year, it's important that you do again this year using your child's 2023 image code to link their images for the current year with your contact details.

When images are ready to view and in the webshop, all parents who have registered will be notified by SMS and email.

Once registered, please wait for notification that 2023 images are online to view before making your purchase.





# Blow out the candles, wish away, you are the superstar of the day. HAPPY BIRTHDAY!

#### February

PREP

David

Kirra

Willow

#### GRADE ONE

Oliver

Jesse

Kaleb

Connor

Archer

Elise

Leevi

Jack

#### GRADE TWO

Timothy

Beau

Theo

Max

#### GRADE THREE

Abby

Sam

#### GRADE FOUR

Ellie

Liv

Stephanie

Nate

Jaden

Leo

Isabella

Jack

#### GRADE FIVE

Bella

**A**yla

Brodee

#### GRADE SIX

Indyanah

Ruby

Hannah

Isla

#### March

PREP

Sophie

Lincoln

**Emmett** 

Piper

Billie

Elizabeth

GRADE ONE

Annie

Thomas

Oliver

Miller

Cooper

GRADE TWO

Grace

Hudson

River

#### GRADE THREE

Мауа

Sadie

Harry

Oliver

Asiani

Heidi

#### GRADE FOUR

Havarna

Oliver

Kayla

#### GRADE FIVE

Dillon

Hunter

Audrey

Logan

Jayden Chloe

Billy

#### GRADE SIX

Matilda

Rosie







For more details, contact chloe.beck@afl.com.au

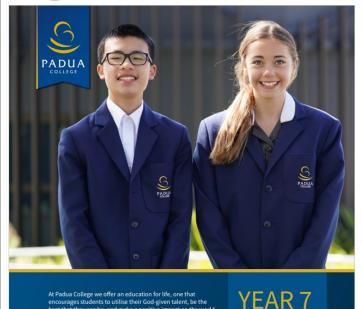
play.afl/auskick

## peninsula ORTHODONTICS

EMBRACE THE SMILE IN YOU NO REFERRAL NEEDED

www.peninsulaortho.com.au 03 5975 5166





on Peninsula families are warmly invited to join one npus tours to explore the rich curriculum, sporting, ınd spiritual life that our College can offer your child.

et our staff, see the school in action, and learn more about new Year 7-8 Centre at Mornington and smaller class sizes

<u> 125</u>





() Enrol online

Open: 1 February 2023 Close: 12 May 2023



#### 2023 OPEN NIGHT

Thursday 9th March 2023 4:45 - 7.00 pm

Mornington Secondary College extends an invitation to you and your family to attend our 2023 Open Night. This is a showcase of our fantastic facilities and our extensive curricula, with exhibits, student presentations and outstanding performances by our music students.



Come and discover our engaging programs and meet our dedicated staff. You will find out about our diverse programs such as "Learning by Design", "Hands on Learning", accelerated studies, VCE options, health and wellbeing and the extensive range of subjects we

offer.

Enjoy a free sausage sizzle, coffee cart, popcorn and fairy floss, while listening to our College Band perfom!





The Principal's address commences at 4:45, 5:15 and 5:45 pm followed by a guided tour departing from the Performing Arts Centre. Please arrive prior to these times to allow for parking. We suggest you park on Tallis Drive or Bunnings as there is limited parking onsite.

#### ~ WEEKLY COLLEGE TOURS ~

If you are unable to attend Open Night, tours of the College are conducted

every Tuesday at 10:05 am. Please contact our office on 5970 0200 or visit our website https://mornsc.vic.edu.au to book a tour.

ACHIEVEMENT

RESPECT









A must attend for Parents and Carers living in the Mornington Peninsula Shire and Frankston City with Teens 12 – 18yrs old.

Date: Tuesday 21st of March 2023

Time: 7pm to 8.30pm

Strategies to support healthy friendships & tips to talk to your Teen about Bullying?

Cost: FREE but bookings are essential and spaces limited

 Top tips for taking care of yourself? Follow us on Social Media

Some strategies to help your Teen with their feelings of Anger & Anxiety?

To know more about Resilience & tips to build resilience in your Teen?

To know more about Emotional Intelligence & tips to raising an emotionally intelligent Teen?

Strategies to build your Teen's self-esteem and deal with setbacks?

Strategies on how to talk and connect with your Teen?

www.familylife.com.au









#### **Creating Confident** Teens Workshop

Family Life has teamed up with Stride Education to deliver Creating Confident Kids

Come along to our online Workshop to learn strategies to help your Teens' with their feelings of Anger and Anxiety!

via Zoom

Date: Tuesday 22nd of March 2023

Cost: FREE but bookings are essential and spaces limited

Book by clicking the Eventbrite l

#### Would you like:

- Some strategies to help your Teen with their feelings of Anger & Anxiety?
- To know more about Resilience & tips to build resilience in your Teen?
- To know more about Emotional Intelligence & tips to raising an emotionally intelligent Teen?
- Strategies to support healthy friendships & tips to talk to your Teen about Bullying?
- Strategies to build your Teen's self-esteem and deal with setbacks?
- Strategies on how to talk and connect with your Teen?
- Top tips for taking care of yourself?

Follow us on Social Media

STRIDE. EDUCATION





#### **Creating Confident Kids Workshop**

Family Life has teamed up with Stride Education to deliver Creating Confident Kids

Come along to our online Workshop to learn strategies to help your Kids with their feelings of Anger and Anxiety!

#### Do you worry about your Kids Anger and Anxiety?

#### Would you like:

- To know more about Resilience & tips to build resilience in your Child?
- To know more about Emotional Intelligence & tips to raising an emotionally intelligent Child?
- Strategies to support healthy friendships & tips to talk to your Child about Bullying?
- Strategies to build your child's self-esteem and deal with setbacks?
- Strategies on how to talk and connect with your children?
- Top tips for taking care of yourself?

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A must attend for Parents and Carers living in the Mornington Peninsula Shire and Frankston City

Mornington Peninsula Shire with Children 5 – 12yrs old.

Date: Tuesday 2nd of May 2023

Cost: FREE but bookings are essential and spaces limited

Time: 7pm to 8.30pm



## **Kids Workshop**

Family Life has teamed up with Stride Education to deliver **Creating Confident Kids** 

Come along to our online Workshop to learn strategies to help your Kids with their feelings of Anger and Anxiety!

#### Would you like:

- Some strategies to help your Child with their feelings of Anger & Anxiety?
- To know more about Resilience & tips to build resilience in your Child?
- To know more about Emotional Intelligence &
- tips to raising an emotionally intelligent Child?
- Strategies to support healthy friendships & tips to talk to your Child about Bullying?
- Strategies to build your child's self-esteem and deal with setbacks?
- Strategies on how to talk and connect with your children?
- Top tips for taking care of yourself?



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A must attend for Parents and Carers living in the City of Kingston or City of Bayside with Children 5 – 12yrs old. via Zoom

Date: Tuesday 3rd of May 2023

7pm to 8.30pm

Cost: FREE but bookings are essential and spaces limited



















#### **Crib Point Community Market**

Saturday March 11th 9am to 1pm

March is Birthday Month: Free Activities for kids

#### **INDOOR & OUTDOOR STALLS**

Resin jewellery, hand made glass beads, cards, wood turning, soaps, knitted items, macramé, heat packs and saddle covers.

Indigenous art., locally grown veggies, honey. Plants, eco-friendly products, upcycled products, aromatherapy,

Cribby Koala Treasure Hunt, Devonshire Teas, coffee, and lots more.

Proceeds go to the Crib Point Community House and community programs

Location: Crib Point Community House, 7 Park Rd, Crib

Email: market@cpch.org.au

Ph: 59839888

Thank you, On behalf of the Crib Point Community House Market Committee



volunteering@familylife.com.au familylife.com.au



