

Newsletter

Edition 15—13th SEPTEMBER 2018

186 Mornington Tyabb Road, Tyabb 3913

(03) 5977 4584

tyabb.ps@edumail.vic.gov.au

PRINCIPAL'S REPORT

FATHER' DAY



Since our last newsletter we have had our annual Fathers Day Stall and breakfast. Thank you to the PFA for another fantastic Father's Day stall with an amazing array of beautifully wrapped presents. The children were so excited to shop at the stall and buy something special for their dad or special

person in their lives. Thanks to all of the parents who donated and wrapped gifts and to Shelly Bellinger and Jantina Forecast for running the stall on the day.



During that week we also had our annual Father's Day Breakfast with many Dads, Grandads, Uncles, brothers and sisters joining us for breakfast. We cooked and served over 450 breakfasts—which was a huge effort and a huge success. Thank you to Crystal Slater for organising this event, parents and teachers who helped to set up and serve, parents who donated cups, plates, juice, sauce etc and to Richard Barker, Kym Barker, Kinga Beckett and Tania Matthews for cooking up a storm! Thank you to everyone who supported us with these two events.









CONGRATULATIONS MRS EVERARD - IT'S A BOY!

We would like to congratulate Rachel Everard and husband Mark, for the birth of their second child George Oliver Everard on the 5th September at 7.14pm weighing 8.08 pounds 3.78kg. Mum and baby are doing very well. We wish baby George and his new family all the best and look forward to their first visit to Tyabb Primary School.



Camps 2019 Put in to your diary

As families begin to budget and plan for the New Year we thought it would be worthwhile giving parents advance notice of the dates and approximate costs for camps in 2019. Please note that these are approximate costs as this can vary according to the number of children attending and the buses required.

Camp Name	Cost 2018	Nos	Dates
Grade 3 Somers Camp	220	60	Wed 26th – Fri 28th July
Grade 4 Phillip Island	240	62	Wed 20th – Fri 22nd March
Grade 5 Camp Rumbug	275	51	Wed 1st – Fri 3rd May
Grade 6 Camp Woorabinda	220	51	Mon 4 th – Fri 8 th February

YEAR BOOK COMPETITION

Congratulations to grade 5 students Matilda and Ellie for winning the competition for front and back covers to our 2018 Year Book. With over 100 fabulous designs entered it was extremely difficult to pick only 2 so we chose a 3rd entry to be included inside the year book. Congratulations to Amelia for being a very close 3rd. Teachers and grades have been very busy putting together their pages to the year book ready for publication and sale during term 4. We will be very excited to see the end result.



2019

PREP PARENT / TEACHER INTERVIEWS

Last week Mr Brennan and Ms Hamilton enjoyed meeting our new preps and their parents at our parent/teacher interviews. This was the first stage to our transition program with the next stages and dates set out below.

Friday 12th October 2018

10am—11am

Teddy Bears Picnic—bring your teddy

Thursday 25th October 2018

12.00—1.00 pm

'Colour Day'— wear your favourite colour.

Friday 16th November 2018

10am—11am

'Superhero Day' - come dressed as your favourite superhero.

Prep & State Orientation Day

Tuesday 11th December 2018 - 9.15—10.45 am

THANK YOU

Our staff would like to thank you for your gold coin donations to raise funds for our farmers. We raised a total of \$712 which went towards transporting farm machinery, supplies and hale bales to farmers suffering the affects of extreme drought. Thank you Tyabb PS!



FOOTY FEVER-PARADE AND SAUSAGE SIZZLE



To celebrate the end of the footy season and upcoming grand final we will be holding our annual footy parade on the last day of this term—Friday 21st September, 9.15am in the hall. Children are encouraged to wear their favourite football gear or colours from the AFL,VFL or local sporting club. We are asking for a gold coin donation to support our World Vision sponsor child.

To build the footy spirit we will also be holding a sausage sizzle fundraiser. A note and order form went home recently for parents/students interested in purchasing a sausage and/or drink on that day. If you did not receive this order form please pop in to our office to collect one. Children can purchase a sausage in bread for \$2 and a 50c drink box. Thank you to the PFA for organising this and adding to the excitement of the day.

As we approach the end of term 3, I would like to thank students, parents and staff for a fabulous term. I wish all students the best for the term 3 holidays. Fingers crossed for nice weather!!



Welfare

This information was sent to the school recently. There may be some families in our community that would appreciate this support.



From Meltdown to Calm down - Mastering Emotions with Your Child

Wednesday, 19 September 2018 | 06:00 PM to 07:30 PM

Join us at our popular parent workshop - 'From Meltdown to Calm down' is a fun and practical workshop by FMC (Family, Mediation and Counselling) and Somerville Rise Primary School.

Most parents learn to spot the signs of a temper tantrum coming from their child - but how do you handle one? Learn to manage powerful emotions with your children using a practical skills-based approach, combining neurobiological principles, strengths-based parenting skills, and practical tools for the whole family.

The workshop will give parents tools and more confidence to manage anger and other powerful emotions in the home environment.

FMC is an organisation for families. FMC offers counselling, family support, mental health support and financial counselling, amongst other great services for families.

Joanna Moss delivers a fun and practical workshop around managing powerful emotions with your children. Joanna provides a practical approach to working with anger:- combining neurobiological principles, strengths based parenting skills, and practical tools for the whole family. The workshop will give parents tools and more confidence to manage anger and other powerful emotions in the home environment.

Somerville Rise Primary has a friendly community space, and would love the whole community to come along, have a cuppa, and feel warm and welcome.



Location

Somerville Rise Primary School , Blackscamp Road , Somerville 3912

Cost: Free

Contact: Somerville Rise Primary School

Ph: 5977 8500

somerville .rise.ps@edumail.vic.gov.au



What's Happening Term 3 & 4

Please note that this page will be updated each newsletter as new events are scheduled

	TERM 3
Monday 17th September	School Council Meeting
Monday 17th September	Grade 6 Sexuality Education
Thursday 20th September	AFL 9's Football Gala Day - Selected Students
Friday 21st September	Footy Dress Up Day - Gold Coin Donation for World Vision
Friday 21st September	Sausage Sizzle for Footy Day - PFA
Friday 21st September	End of Term 3 - Dismissal time 2.30pm
	TERM 4
Monday 8th October	Start of Term 4
Wednesday 10th October	Southern Peninsula Division Athletics
Friday 12th October	Launch Into Prep Session 1 - Teddy Bears Picnic
Monday 22nd - Friday 26th	School Dental Van Visit
October	
Thursday 25th October	Launch Into Prep Session 2 - Colour Day

ELECTIVES TERM 4

Payments for Term 4 Electives are now due. Please pay as soon as possible so your student can attend their elective. Thank you.

LOST PROPERTY.

As the weather warms up it means windcheaters and vests are coming off as the day warms up after a chilly start. **Please, please, ensure your child's clothing is named.** If it has washed off, write it again.

Currently there is a multitude of clothing in lost property that is unnamed and can't be returned to it's rightful owner easily. There are also many drink bottles, lunch containers and assorted bits and pieces waiting to find their way home - of course all unnamed!!!

If your child is missing an item of clothing please come in and check through the vast number of things - this is probably best done by an adult as the number of things is daunting for a child. If you lost an unnamed 10 - then please take an unnamed size 10.

All unnamed and unclaimed items will eventually be put into items for sale - so please try and check before the end of term.



Classroom Capers

Writing in PREP!

At the beginning of the year the Preps began by writing letters of the alphabet and their name......just 7 months later they are doing amazing writing! What an amazing achievement by ALL of our Prep students. Here are a few photos of some terrific writing and authors!





Farmer For a Day

Thank you to everyone who supported the Farmer for a Day fundraiser. A massive \$712 was raised and donated to the "HAY! Let's look after 'em" campaign for the farmers in Bourke, NSW. The hay run was completed on 31st August and you can view the video on YouTube at

https://youtu.be/ollaQC4KG1Y

Terrific effort everyone















Kids Teaching kids

KIDS TEACHING KIDS WEEK @ POINT NEPEAN

On Thursday the 6th of September a group of grade 5/6 Green Team leaders, JSC leaders and School Captains travelled to Point Nepean to take part in the 2018 Kids Teaching Kids conference. The day is all about students teaching each other about environmental issues that are relevant to our community here on the Mornington Peninsula.

Some of the things that our students learnt about were:

- Nesting habits of the Hooded Plover and how to help protect the species
- Cats and their impact on the environment
- How to make biodegradable plant pots from newspaper
- The declining number of bees
- The Burrunan dolphin: new species discovered in our bay
- Do the right thing: composting and worm farming

After lunch, students went to explore parts of the grounds at Point Nepean National Park Quarantine Station. They heard a Ranger speak about the area and how we can do more to protect our beautiful part of the world. Overall, the students learnt a lot and have some key issues that they can inform our school community about. We can all do more to protect our planet and learning is the start of this journey.













Studies of Asia

STUDIES OF ASIA- INDONESIAN MARKET

Last Wednesday students in our grade 5/6 elective organised and participated in an Indonesian market for the grade ones. This engaging cultural event was to further enhance our students with Indonesian language and cultural.

This exciting day began with our junior students dressing in their holiday clothing and gearing up for their flight to Bali, Indonesia. Students filled in details on their own pretend Australia passports and purchased tickets from Melbourne to Bali, Indonesia. Passports were stamped, tickets collected and boarding on Garuda Airlines began. Our captains did a fantastic job, safely flying the plane on our trip of a life time. Students then walked to the Indonesian market where they were greeted with an amazing array of market stalls. Students used their Indonesian spending money to buy souvenirs and take part in the many cultural experiences. Market stalls included getting your nails painted, having a massage, getting your hair braided, buying an Indonesian mask, flag, Garuda, photo, corner book marks, friendship bracelets and frangipani necklace.

Congratulations to our fabulous Studies of Asia elective group involved for making the many souvenirs required and for participating in role playing for our grade ones. Thank you to the many parents and grandparents who took time out of their day to experience this cultural event.

Bu Day













Studies of Asia





This year on the 5th of September the senior students did a market stall for the grade 1s, it was great! Everyone in year one came but only a few brought a parent. My job was to make souvenirs like Garuda's, flags and masks. My stall was probably one of the most popular stalls. Though sadly we couldn't sell all the flags. I think it was a great experience, especially when seeing their face light up as they entered the Balinese market and saw every stall.

By Cameron 5B

The Indonesian market was a blast! It was so cute seeing the grade ones so happy as they couldn't wipe the smile off their face even if they tried. It was so much fun setting up and dressing up in traditional Indonesian clothes. It wasn't just the grade 1's having a marvellous time the year 6's and 5's were too!

By Charlie 6B

The elective was great fun and hard work. It was fun learning how to make corner book marks, bag tags and flags just to name a few. It was really funny because my brother is in year 1 so he knew about it before anyone else and he was so excited he got his outfit 3 weeks earlier. It was so much fun I wish we could do it again.

By Tabatha

The flight took off, we rose into the air and we were heading off to Indonesia. We got to the market to find hair dressers, a photo booth and nail art. So many people got hair extensions and their nails done. Tiger nails were an absolute hit and almost everybody got them done. I remember going to my first market and now I was running it! Will you remember going to yours when you're running one. I hope you all had fun and I hope you will have fun if you join the Studies of Asia elective, you should definitely join in year 5 and 6.

By Sway 2018

It was an outstanding experience. It was cool to see the steps and the preparation for it and how being a Captain and watching every one laughing just made the day better.

From Matilda M

Hi I'm Madison, I was one of many students who participated the Indonesian market. I just have to say it was a life time experience to see the joy on their faces, it was wonderful.

The market was a great experience, I had so much fun watching all the grade ones faces light up when they walked in the room. The first session I was on passport stamping and nails and the second session I was on security and photo booth. The kids where so enthusiastic, this was the best elective.

By Gabby



Specialist Snippets

Physical Education

On Thursday, 30th of August, students who qualified for the District Athletics at Ballam Park competed in their events. These students represented our school with great pride and determination, encouraging each other throughout the day which was fantastic to see and hear. All students gave their events the best efforts they had with a lot of our students finishing in the top 3 in their events.

Awesome job everyone on representing your school at this level. Thank you to Ms Monea and Ms Matthews for being a great support to these students throughout the day. Thank you to all the family support that was there for Tyabb as well.

The students who qualified for the Division level will receive the necessary information in the coming weeks, where this level will be held on Wednesday, October 10th.

Cobi Davis

Physical Education Teacher







Curriculum Corner



MINDFULNESS



What is Mindfulness?

It's a pretty straightforward word. It suggests that the mind is fully attending to what's happening, to what you're doing, to the space you're moving through. That might seem trivial, except for the annoying fact that we so often veer from the matter at hand. Our mind takes flight, we lose touch with our body, and pretty soon we're engrossed in obsessive thoughts about something that just happened or fretting about the future. And that makes us anxious.

Mindfulness is the basic human ability to be fully present, aware of where we are and what we're doing, and not overly reactive or overwhelmed by what's going on around us.

Why is Mindfulness important?

Depression and anxiety are prevalent, and decades of research have shown the mental health benefits of **mindfulness** and meditation. Since mental health has been linked to overall health status, practicing **mindfulness** can aid in maintaining immune function and physical health.

What are the benefits of Mindfulness?

If greater well-being isn't enough of an incentive, scientists have discovered that mindfulness techniques help improve physical health in a number of ways. Mindfulness can: help relieve stress, treat heart disease, lower blood pressure, reduce chronic pain, , improve sleep, and alleviate gastrointestinal difficulties. One of the great benefits of Mindfulness is being able to 'switch off' and just take a breath and focus on yourself.

What are the benefits of Mindfulness for our children?

Practising Mindfulness with our kids is vital in the development of life skills. It assists by:

- Improving focus.
- Improving grades.
- Improving resilience
- Decreasing stress.
- Emotional regulation.
- Increased compassion.
- Increased conflict-resolution skills.

How can I help practise Mindfulness with my child?

The best thing parents can do to help their children become more mindful is to commit to some regular mindfulness practises themselves! The more present and mindful you are with your children, the more happy, mindful and resilient they will be.

Some ideas include:

- Meditation—sit quietly and just concentrate on the sound of your breathing.
- Colouring In—take time out each day to colour in.
 There are heaps of great books that you can purchase.
- Yoga—you can access heaps of great Yoga clips on Youtube that focus on kids mindfulness.....

Mindfulness Phone Apps.....

Smiling Mind is a Melbourne-based not-for-profit organisation dedicated to promoting mindfulness in schools. They have free online (both web and app-based) mindfulness programs for children aged seven and unwards

Headspace a UK-based mindfulness program for older children (secondary school) and adults with guided meditations and tips.

Mindfulness Bell is a free phone app that chimes at various intervals in the day to remind you to stop, take a breath and notice whatever it is you are doing.



Vote for us!!





pickmyproject.vic.gov.au

Below is an outline of the application that has been entered and accepted for voting. Over the past few years Tyabb Primary School playground equipment has been upgraded in all areas except for the gr 3/4 equipment. I saw this as an opportunity to possibly get some funding to upgrade our current 3/4 playground.

<u>PLEASE VOTE FOR US!!!</u>

Middle School Playground refurbishment and replacement

127 students - this is all they have!!

Tyabb Primary school has a population of 410 students. We have magnificent playgrounds funded by money raised by parents. The grade 3/4 playground is the last one to be updated / replaced. The 127 middle school students have been so patient and understanding when they see the other students in the school being able to play on their much more substantial playgrounds. A new playground for these students would be used at recess and lunchtime, on weekends by families and be utilised for sport lessons. Please help the middle school students

This project would benefit the entire 410 students at Tyabb Primary School at some stage during their time with us. Our playgrounds are selected due to the suitability of heights (OHS requirements), what the children want in their playgrounds and community feedback. These students desperately want to have a new playground that challenges them physically and gives them satisfaction at their recess and lunch breaks. This playground can also be utilised by our sports teacher for his lessons and also as an outdoor learning environment.

Voting is quick and simple, and open until 5pm, Monday 17 September:
Register for a Pick My Project account. If you already have an account, simply sign in.
Select your local community by entering your suburb or address. You can then browse the project ideas in your local community and create a shortlist of your favourites. Pick your three favourite project ideas from your shortlist and verify your mobile number. You'll then be able to submit your votes.

Make sure you share who you've voted for with your family and friends.





September

PREP

Paige

Jack

Jordan

George

Braxton

or dividit

Halo Jackson

Ella

GRADE ONE

Bella

Oscar

Bodhi

GRADE TWO

Ella

Bryce

GRADE THREE

Tily

Rubi

Jak

Rylee

Izabel

Nate

Jack

GRADE FOUR

Ryder

Lily

Mia

Oliver

Grace

Will

GRADE FIVE

Max

Jack

GRADE SIX

Kalani

Ava

Layla

Riley

Lily

Henry

PA	Gyspie &Zane
PB	Chanel
PC	Brodee
PD	Indy
14	Steel
1B	Harvey
124	Chase
24	Jessica
2B	Indianna
34	Millie
3B	Eliza
34A	Amelie
4A	Colin
4B	Immy
5A	Hendricus
5B	ДVa
64	Ben
6B	Hannah

PA	Harper
PB	Mason
PC	Jordan
PD	Harlee
14	Tahlia
1B	МуІа
124	Hunter
24	Indiana
2B	Наугеу
3 A	Jessica
3B	Rylee
34 A	Kade
4A	Јуе
4B	Shaya
5 A	Ashley
5B	Масеу
64	Maddison
6B	Layla



Community News



BELEZA SOMERVILLE

2018 TERM 3 SCHOOL HOLIDAYS TRADING HOURS 16TH SEPTEMBER 2018 to 13TH OCTOBER 2018

SEPTEMBER 2018						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16th CLOSED	17th 10am – 5pm	18th 10am – 5pm	19th 10am – 5pm	20th CLOSED	21st Last Day Term 3 CLOSED	22nd CLOSED
23rd CLOSED	24th CLOSED	25th CLOSED	26th CLOSED	27th CLOSED	28th AFL Cup Eve CLOSED	29th CLOSED
3∩th		•	•	•		•

CLOSED

OCTOBER 2018							
1st		2nd	3rd	4th	5th	6th	
	10am – 5pm	10am – 5pm	10am – 5pm	CLOSED	10am – 5pm	10am – 1pm	
7th 8th		9th	10th	11th	12th	13th	
	rst Day Term 4 10am – 5pm	10am – 1pm					

NORMAL TRADING HOURS MONDAY to FRIDAY - 10:00am to 5:00pm

(THURSDAY CLOSED) **SATURDAY - 10:00am to 1:00pm**

malvolio

graphic design
website design
illustration

PO Box 408. Somerville VIC 3912

Phone 5977 9015 www.malvolio.com.au



TEAM AVA JDRF FUNDRAISER RAFFLE!





PLEASE HELP US **TURN TYPE 1** INTO TYPE NONE

RAFFLE DRAWN SUNDAY 21ST OCTOBER 2018

Tickets are \$2 each OR 3 for \$5 and are available from

kathtwigg@gmail.com

Ist MAJOR PRIZE— Le Reve Ultrasonic Diffuser + 2 aromatherapy oils

2nd MAJOR PRIZE—His and Hers Hamper

(Wine, men's fragrance and Serendipity Designs Bracelet)

3rd MAJOR PRIZE-\$50 Westernport Hotel Voucher

9 Other Prizes include:

Golden Hamper (Bronzing Products), 2 x His and Hers Hampers, Chocolate Hamper, Hastings Charcoal Chicken voucher, Men's Hamper,

2x Beauty Packs, Mini Pack

GOOD LUCK AND THANKS FOR YOUR SUPPORT!



Community News

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Westernport Little Athletics

Local, region and state competitions to suit novices through to budding champions.

Who: Under 6 to 16 of all standards

Where: Behind Western Port Secondary College,

High Street, Hastings

When: 9 am - 11 am Saturdays

Facilities: 400 m grass track, competition

equipment, pavilion, canteen

Come and try day: 22 September 2018 Season starts 6 October 2018, ends March 2019 Register now at www.westernportlac.com.au

Contact us for more information:

E: westernport@lavic.com.au

M: 0400 094 142

W: www.westernportlac.com.au













Kids Art Space

School Holidays

Arts Workshops

For 6 to 11 year-olds No art skills required

Book your place now!! Contact: Gaye Hart 0409174128





10.00 a.m. to 12.00 pm

WHERE:

Wallaroo Community Centre, 6 Wallaroo Place, Hastings.

COST:

\$20.00 per child per session or Save and pay discount price of \$45.00 to attend all 3 workshops

> **FACILITATOR:** Gaye Hart

ACA Registered Counsellor /Creative Arts Therapies Working with children Check Seigaila







60 MINUTE APPOINTMENTS AVAILABLE Individual, adult, adolescence, child or family.

Studio Art Space/outreach/home visits/group/supervision

(Contact Gaye Hart for availability

Art Studio space Good Shepherd Wallaroo Community Centre 6 Wallaroo Place, Hastings

Inquiries & book an appointment PHONE: Gaye Hart 0409174128

Affordable gap costs are offered, varied concessions rates, NDIS recipient self-managed, A discount package for 6 appointments pre booked, and a 30 minute free first consult.

What is Art Therapy?

Using art making as a different way of seeing the world with counsellor as a guide and support. Creative ART Expression for personal growth and change. Connects and promotes communication as a response to establish health and wellbeing through

Art experience not required





ACCA ASSOCIATION Gaye Hart is a member of the ACA College of Supervisors and The ACA college of Co



Community News

School holiday program September 2018

We've got loads of fun things to do these school holidays! See the reverse side of this flyer for the program schedule.

Young people must register their details online before attending any activity.

Young people must register their details online, and must also complete an online booking form to indicate which excursions they wish to attend. A gold coin donation is required for each excursion.

More information can be found on our website. Bookings are open now, and close on Wednesday 19 September

For more information and to register your details, please visit:

- Shed 11 Youth Centre 5950 1666 11 Marine Parade, Hastings

The Corner Youth Centre 5975 3114
91 Wilsons Road, Mornington

- Y Lounge Youth Centre 5986 3585
- Nepean Plaza, Rosebud













Tyabb Trader



Bendigo PiggySaver. Big features for little savers.

It's the perfect account to start your kids saving for the latest computer game, a new bike or for a rainy day.

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ID of parent/guardian required. This material contains general advice only. Please consider your situation and read the T&Cs available in branch before making any decision. Bendigo and Adelaide Bank Limited (ABN 11 068 049 178, AFSL 237879). A232458-1 (386725_v1) (14/02/2018)



School Banking - every Tuesday (Bendigo Bank Piggy Saver)

Please remember to bring your school banking into school on Tuesdays.

Parents wanting to open up an account for their child can attend the Bendigo Bank Hastings branch at 88 High St Hastings.

Please bring you child's Birth **Certifcate and Medicare Card** along with you.

Thank you

Hastings Bendigo Bank Team

PIANO & GUITAR LESSONS ONLY \$12 per 45 MIN

Our classes, renowned for our focus on 'music theory' (reading & writing music), makes us the 1st choice in children's music tuition. Amazing teachers, comprehensive, structured curriculum, we teach students how to read music as well as play their instrument. *private lessons also available in singing, piano, guitar & drums

For all info including available times, days, cost, etc. please visit

www.dsemusic.com.au

or phone 0416 586 483 DSE (5)









