



PRINCIPAL'S REPORT

Welcome back to everyone! The term has started off really well, although with some noise and interruptions about the place with some building works going on. We had a busy holiday time, with Kerry and I in the school a number of times with various works happening. We've had plumbers, pavers, concretors, electricians and tree loppers. There is much more to be completed this term so there will be some disruption. However, we will all manage as best we can, knowing that it will be to the benefit of the kids in the long run. We managed to get a couple of potentially dangerous trees lopped prior to the big storms. We were relatively unscathed by the storms luckily.

Plumbing Works

As you will be aware, we have had some difficulties with the quality of the water in some sections of the school. The School Council has negotiated a grant from the Department of Education to replace the entire plumbing infrastructure in the school with brand new PVC piping. It is envisaged that works will continue for at least a month or so. This will create some disruption to school operations. We will ensure that safety is our prime concern and that children and teachers are well aware of works areas and potential issues.

Student Accident Insurance

Today, you will have received information about EBM Student Cover insurance. Please note that we are simply passing on the information. We neither recommend nor endorse the insurance. The decision as to whether parents arrange accident insurance through EBM or any other company is completely personal.

Interactive Whiteboards

Yesterday, we began the process of installing interactive whiteboards into every classroom in the school. These whiteboards are state of the art

technology and will greatly enhance the teaching and learning experience for our children. It is a significant investment in technology for our school and keeps us in the lead amongst schools in technology provision and modern education. Once the boards are all installed, we will arrange demonstrations for parents so that you can see for yourself, the huge potential of these fantastic teaching tools.

Year 3 Camp

Next Wednesday, we see the Year 3 students off on their first camping experience, as they set off for Somers. The Somers Camp is a great introduction to school camping and the children will be involved in a range of exciting and challenging activities including environmental studies, low ropes, giant swing, walks and a concert.

Year 4 Camp

On the same day we farewell the Year 4 children on their camp to Phillip Island! I'm sure they are looking forward to it. Hopefully the weather will stay good for them. The facilities at Phillip Island are first class and I am sure the children will have a fantastic time!

Environment Week

Next week is also Environment Week and there will be plenty happening here at school. Our years 1 and 2 students will head off to the Briars on Thursday for a day of terrific activities. It's a wonderful venue, the Briars, and the environment week activities, which are organised for schools by a small group of committed volunteers, are always fun and educational.

New Toy and Nursery Safety

I have been requested to pass on to parents, information about the new toy and nursery safety information line. You can call the Toy and Nursery Safety Line on **1300 364 894** with

queries about the safety of toys and nursery equipment.

Parents and carers are also reminded to always:

- use toys and nursery products suitable for the age of children
- watch and check children while playing with toys and when using nursery equipment
- follow instructions for assembling toys and nursery products
- ensure all parts are provided and in safe working order
- follow instructions for using toys and nursery products
- dispose of damaged toys and nursery products, unless these can be repaired by the manufacturer.

If you require further information, you can contact Consumer Affairs Victoria on **1300 558 181** or email www.consumer.vic.gov.au.

Greg Lacey
Principal

FORWARD DATES

APRIL	
16 th – 18 th	Grade 3 – Somers Camp
16 th – 18 th	Grade 4 – Phillip Island Camp
Thursday 17 th	Briars - Environment Week Exc. Grades 1B, 1D, 1M, 2D and 2H
Tuesday 22 nd	OSHC committee meeting - All welcome
Friday 25 th	ANZAC Day – Public holiday
Monday 28 th	School Council meeting
29 th April – 2 nd May	Grade 5 – Beechworth Camp

INSTRUMENTAL MUSIC PROGRAM

Deposits for the Instrumental Music Program are due next Monday, 14th April. In most cases this is \$80. Payment can be made by cash, cheque, EFTPOS or credit card (payment using c/card by phone is also accepted). Full payment for semester 1 is then required by Monday, 2nd June. Thank you.

PARENTS AND FRIENDS ASSOCIATION

We still need donations for the Mothers' Day Stall. Items such as pens, soaps, liquid soaps, wrapped lollies and chocolates would be appreciated. Many thanks to those families who have sent in donations already.

Thank you
Carol Faska
PFA President

THE SPORTS ARENA

INTERSCHOOL SPORT

Good luck to all our Grade 5 and 6 students who will be competing against Balnarring Primary School during interschool sport for the first time next week. The children have chosen from a variety of sports including soccer, netball, volleyball (modified volleyball), T-ball and football. Interschool sport gives the kids the opportunity to be part of a team, to try new sports in a fun, controlled, but competitive environment. Best wishes everyone and above all – have FUN!!

FITNESS CLUB

Fitness Club will commence next Tuesday, 15th April on our school oval. Everybody can join in, from Preps to Grade 6 and supervised toddlers to grandparents - it's a great way to start your day! It will start at 8.15 am every Tuesday and Thursday morning. You don't need to run to achieve your goals; a good steady power walk will get you there as well. We do need parent participation in the form of lap counting and/or just supervision to keep this program operating. If you can help out, please let us know.

CROSS COUNTRY

CARNIVAL

Fitness Club is also a great way to get fit for our Annual House Cross Country Carnival to be held here at school on Thursday, 24th April. All children in Grades 3 - 6 are starting

to train hard during their Phys. Ed. classes to improve their fitness levels to complete the 2km and 3km running course and help achieve points for their house. Coolart (blue) House won last year. Who will it be this year??????

The District Cross Country Run will be held at the Pt. Leo Beach on Thursday, 8th May.

PHYS. ED. CLASSES

There have been some changes to the Phys. Ed. timetable this term, so to help you remind your children of runners, water bottles and hats, I've listed the sessions below.

Monday-

Grades 6G, 6H, 2D & 2H

Tuesday-

Grades 4R, 4/5J, Preps M & S, 1D and 1B

Thursday-

Sport for Grades 3, 4, 5 & 6.

Friday-

Grades 3C, 3S, 1M, Prep K and 5GW.

Keep on keeping on,
Kathie Toft

**TANTRUMS,
ARGUMENTS, NOT
SLEEPING, HEADACHES
is this what's happening
to your child?**

SUE DENGATE is here to help. She talks about what food additives and preservatives are doing to our children's health and behaviour. Sue is the world renowned author of the "Fed Up" book series. For more information on her work go to www.fedup.com.au

Tuesday, 27th May from 7 – 9 pm at the Peninsula Community Theatre (cnr Nepean H'way and Wilsons Rd, Mornington - Mel Ref 145 E2). Tickets may be purchased from the school for \$5 per person.

ACTIVE AFTER SCHOOL COMMUNITIES PROGRAM

Notices (gold) with details for the program have been sent home today instead of next week due to the Grades 3 and 4 Camps. Sessions commence on Monday 21st April and Wednesday 23rd April.

OUT OF SCHOOL HOURS CARE

Welcome back everyone. It was lovely to be greeted by so many faces on Monday morning, 7th April, 2008. It made the OSHC café extremely busy!

It's great to have such beautiful Autumn weather to begin the term.

Remember: - HATS ARE REQUIRED FOR ALL OUTSIDE PLAY TILL 30TH APRIL.

LEGO – is very popular. We would welcome any donations to boost our supplies. Thank you.

COMMITTEE MEETING – Tuesday, 22nd April, 2008.

ALL WELCOME. We do need some new members to support our great program.

ACCOUNTS – are sent out fortnightly and prompt payment is expected.

BOOKINGS – BEFORE SCHOOL CARE

Please notify us whenever possible as our numbers have increased.

CANCELLATIONS – Remember to cancel bookings if your child / children will not be attending.

*Deidre, Marlene,
Jeannie and Sharron*

- TYABB CFA - COMMUNITY FUNDRAISING EVENT

An invitation to the Tyabb community to attend an event to raise money for the Tyabb Fire Brigade extension to be held at TOPEZ, 16 Mornington-Tyabb Rd, Tyabb on **Saturday, 19th April** from 3.30 – 6.30 pm. Cost - \$6 adults and \$4 children. Giant fondue, liqueur tastings (cordial for the kids), nibbles, silent auction. Beverages, icecream, chocolates, art work and giftware available for purchase on the night at reduced cost with profits going to the Tyabb CFA.

RSVP – email enquiries@topez.com.au or phone 5977 3349 by 12th April.

www.topez.com.au

LIBRARY NEWS

Welcome back to all Readers. I hope you had a wonderful, restful break with lots of reading. We have a busy term coming up with children involved in viewing, listening, making, reading, talking and writing. All activities will explore children's interest in books and related activities. The library is celebrating keen interest in reading with a large selection of new books on the shelf and showing a great result for borrowing. A big thank you to Sue Collis for her fantastic effort to cover all the new books.

The Library is a busy place with lots happening on the three days I am here. If any parents can spare some time, please come and see me. There is always lots to be done!

Our children take very good care of our books but accidents do happen occasionally! If a book is damaged in any way, send it along to our hard working Library Technician, Yashmin Beaumont, as she has the necessary repair materials. Please do not use ordinary sticky tape as it actually damages our books.

Happy Reading
Sue Gibson
Librarian

Footsteps by Grade 1D

On Wednesday we went to Footsteps. Sarah taught us. It was at the Hall. We went to learn to dance.

I was a bit shy.
We did the Lion King.

By Aiyssa



COMMUNITY INFORMATION

SEITA (Southern and Eastern Integrated Transport Authority) have identified their preferred route for the proposed Frankston by pass freeway. Despite strong community opposition, they intend to cut the freeway through family farms and properties in Moorooduc. This option will have serious detrimental effects on Moorooduc and surrounding communities, including Tyabb. Entry and exit ramps are proposed for Mornington-Tyabb Road, which will lead to an increase in traffic, including large trucks, which will pass by our school.

To say NO to this option (there are other options identified by SEITA), please add your signature to a petition which is located at the school office.

For further information visit www.moorooduc-action-group.org

Thank you for your support.

Please note that this article and the petition in the office is provided as a service to our local community. The information is not officially endorsed by the school or the school council. The decision as to whether to support or reject the petition proposal is personal and individual.

Greg Lacey –
Principal

On Wednesday the 9th Grade 1D went to Footsteps and we did the Lion King dance. It was fantastic and fabulous too. It was fun and fantastic and Sarah taught us fun things in the Hall. It was very funny and good.

By Koby

MY EASTER HOLIDAYS

By 1M

In the holidays I went to Magic Mountain with my Mum and my Dad and my little sister and we all had fun.

by Ella C.

On the holidays over the Easter break my family and I and my cousins went to Echuca. I went knee boarding and on the biscuit. I didn't fall off!

By Jessica S.

I went to the Magic Mountain and I went on the water slide and I also went on a couple more rides.

By Maddison T.

On the holidays I went to Geelong to have Easter. I got lots of Easter eggs when I came to Nana's. She gave me my bike for an early birthday present. Trav came and we had a bike ride together. We went out for dinner together. When we left we went to a restaurant for Alyssa's birthday. Her birthday was on the 24th of March.

The next day I went to gym crèche. On Saturday I got up and went to Mum and Dad's bedroom and opened my presents. I got a Nintendo DS.

By Hannah.

Footsteps was on Wednesday. It was in the Hall. We went because we wanted to learn the dancing. 1D, 1B and 1M went. We learnt lots of new dances.

By Jack

Yesterday we did dancing in the Hall. We learnt the Lion King dance and all the Grade ones went. All the Preps went too. It was super fun.

By Harrison

HEALTHY LUNCH BOXES FOR CHILDREN

Important tips

Include:

- Fresh fruit
- Crunchy vegetables
- Dairy food – cheese, milk or yoghurt
- Protein food – slice of lean meat, hard boiled egg or peanut butter
- Starchy foods – bread, rice or pasta
- Water



Best left out:

- Muesli and chocolate bars
- Potato crisps and oven baked savoury biscuits
- Sweet drinks
- Donuts and cakes
- Lollies, honey and jams
- Fatty meats such as salami and strasbourg

BREAKFAST

It is important to encourage children to eat breakfast. A good night's sleep followed by breakfast in the morning helps children stay active and concentrate at school. It also means your child is less likely to get too hungry during the morning. Be a positive role model and let your child see you eat breakfast. Some great starters for the whole family include:

- A bowl of breakfast cereal or porridge with milk.
- Slices of toast or fruit bread with spread.
- Fresh or stewed fruit and yoghurt.

HEALTHY EATING IN PRIMARY SCHOOL YEARS

Important tips

- Children need a variety of different foods each day.
- Snacks are an important part of a healthy diet for active children.
- Make snacks nutritious, not just high in energy.

- Encourage physical activities for the whole family.
- Plan to share meals as a family and enjoy talking and sharing the days happenings at mealtimes.
- Let children tell you when they are full.
- Take lunch from home or buy nutritious food from the canteen.
- Encourage children to drink plain water.
- Sweet drinks such as fruit juice, sports drinks, cordial and soft drink are not necessary.
- Let children help with food preparation and meal planning.

TRY IT – YOU'LL LIKE IT!' Vegetables and Fruit for Children



Important tips to encourage children to eat fruit and vegetables:

- Eat and enjoy a variety of fruit and vegetables yourself.
- Focus on serving lots of different vegetables and fruit, not the amounts.
- Try and offer fruit and vegetables at each meal and snack.
- Involve children in decisions about vegetables and fruit.
- Keep offering fruit and vegetables even when children seem to avoid eating them.
- Remember to praise your child for healthy eating.

WHY NO SWEET DRINKS FOR CHILDREN

Important tips about sweet drinks:

- Children do not need sweet drinks for good health.
- Fruit juice, soft drinks, flavoured milk, mineral water, cordials and sports drinks are not healthy sweet drink choices.
- Encourage children to drink and enjoy water.

- Encourage children to eat fresh fruit instead of drinking fruit juice.
- Drinking large amounts of sweet drinks may result in :
 - Tooth decay
 - Picky eating
 - Growth problems
 - Loose bowel actions
- Avoid using a baby's bottle to settle your child to sleep.
- Encourage your child to drink from a cup from around six months.
- Start a tooth brushing routine as soon as your child's first tooth appears.
- For dental health information talk to your dentist or visit the following websites:
 - *Dental Health Service of Victoria www.dhsv.org.au
 - *Australian Dental Association www.ada.org.auVisit your local doctor or health centre if you have concerns about your child's health and growth.

HOW TO REDUCE SWEET DRINKS

Changing your child's diet can be a challenge, but remember young children can only eat or drink what is given to them. Avoid keeping sweet drinks in the house and try not to drink them yourself. If your child already has sweet drinks regularly, start to reduce the number of drinks per day. Offer the remaining drinks watered down, until you can stop them. Your child may be upset at first but will get used to it if you continue. Be patient. This may take time, particularly if your child is in the habit of wanting juice or cordial whenever they are thirsty or hungry.

For more information about child nutrition visit :

www.goforyourlife.vic.gov.au

Prepared for the Department of Human Services by the Nutrition Department of the Royal Children's Hospital, Melbourne. Authorised by the Victorian State Government.